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INTRODUCTION

HOW TO USE THIS CATALOG

This catalog contains listing and descriptions of the health films*, filmstrips, slides, records, video tapes and video cassettes available from the film library of the Montana State Department of Health and Environmental Sciences. Supplements are issued as new films are added to the library, or out-of-date films removed. These supplements are sent to persons on the film catalog mailing list.

The materials are listed alphabetically by title within each section of the catalog. An index contains a list of titles with corresponding page numbers for fast reference. The catalog is divided into five sections, each delineated by a different colored paper.

BORROWING FILMS

The films listed in this catalog are loaned to citizens of the State of Montana on receipt of written request, as part of the Department's educational program. Requests should be sent to the Health Education Bureau, State Department of Health and Environmental Sciences, Cogswell Building, Helena, MT 59601. The department pays the postage out and the borrower is expected to pay the return postage.

Films are scheduled on a "first-come, first-served" basis. By ordering early, the borrower will have a better change to secure the first choice of dates. If possible, a second choice of dates and a second choice of films should be listed on the request. A film should be ordered four weeks before it is needed.

Films are sent out five days before they are to be used. This insures receipt of the film to prevent borrowers from being disappointed.

Upon receipt of a written request, the borrower is sent notification as to whether or not the request can be filled.

GENERAL REGULATIONS AND INFORMATION

1. Users are financially responsible for damage to, or loss of, films from the time the films are delivered by the public carrier until the films are received in the film library.

2. All films must be rewound and returned on the SDH&ES reel after the last showing.

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* Films, as used throughout this catalog, refers to all audio-visual material loaned.

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3. All films must be returned to the library by the due date specified in the confirmation letter and on the shipping label of the film box. If films are not returned by this date, the user will lose all borrowing priviledges with the library.

4. Copyright law forbids the charging of any admission fees for viewing films from the library. Patrons who do so, act at their own risk and are subject to fine or imprisonment or both. Such patrons may also be denied further access to films in the library.

5. In accordance with purchase agreements involving films acquired by the library, these films are not cleared for public exhibition and or television purposes. Patrons contemplating use of films for classroom television should contact the library with regard to such use of specific films.

RESTRICTED FILMS

Certain films are restricted, either to professional use or for staff use only when they are conducting specific programs. These restricted films are marked and restriction is noted on the description.

The films restricted for specific programs are those for which the borrower must have some specialized training in order to use effectively, or those for which usage is limited because of an insufficient number of copies.

Those films having to do with emergency medical procedures are prioritized for use in training of Emergency Medical Technicians. They are for use only as indicated under suggested use accompanying each film, and any other use of those films will be cleared through the Emergency Medical Services Bureau before being scheduled.

Those films in the catalog dealing with alcohol and drugs are owned by the Department of Institutions, and are maintained and scheduled by our film library. Please address all requests for scheduling to Health Education Bureau, Department of Health and Environmental Sciences, Helena, MT 59601. Requests for alcohol and drug literature to be used with the films should be directed to the Department of Institutions.

GUIDE IN HANDLING OF FILMS

If the person using the film is not familiar with the operation of a movie projector, he should get someone to teach him, or get a trained operator to run the projector. If an automatic self-threading projector is being used, careful attention should be paid to the instructions for operating the machine. Whether using an automatic or hand threaded projector, have it under your control at all times.

After a film is threaded into the projector, make sure all sprocket holes in the film are aligned with corresponding sprockets on the projector mechanism.

When a film breaks, never mend or repair it unless the correct film repair equipment is available. DO NOT USE cellophane tape (scotch tape). staples, paper clips or masking tapes to repair or splice the film. We prefer that you return the film to the library unspliced.

FILMSTRIPS

Please follow the instructions supplied with your projector! Handle filmstrips only by the edges of the film. Do not pull on the end to tighten the roll since this scratches the film. Make sure that the film is threaded properly. If you have an automatic projector, make sure that there is enough slack in the film between the lens area and the take-up mechanism - to prevent tearing the film.

USE OF FILMS

Due to lack of funds and scarcity of productions in some fields, a number of films are time-dated by mannerisms or dress. However, the information conveyed is still applicable. When these films are shown, it would be in the audience's best interest to clarify this before projection. Preparing an audience for what they are going to see and emphasizing the particular point or points to be conveyed, will help in getting the message across. All film showings should be followed by good timely discussions.

When you receive a film from the library you may be assured that the film is in the best possible condition, considering the heavy use of the films. Following each scheduled showing of the films, they are electronically inspected, cleaned and repaired. If you have any problems or questions regarding the use of any of these films, please contact the library.

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F I L M

D E S C R I P T I O N S

ABOUT CONCEPTION AND CONTRACEPTION — Color - 11 min.
Produced: 1975

A completely visual film about six birth control methods intended for a special group where you will want to add your own narration or explanation.
SUGGESTED USE: High School - Adult

ACCIDENTALLY YOURS — Color - 20 min.

The purpose of this film is to point out the importance of preventing home accidents. Emphasis is placed on the prevention of accidents by power mowers and the utilization of safety glass in preventing accidents caused by glass breakage. Protection of babies from hazards is also pointed out.
SUGGESTED USE: Junior High - Adult

ADDICTION RESEARCH SERIES
Produced: 1973

After Hours — Color - 3½ min.
A helping agency bends the rules to deal with a client's problems. Who is at fault, troubled people who do not care or cannot use the help given, or a fragmented system of community care fraught with rules and policies?

Cheers — Color - 4½ min.
Describes some kinds of under-age drinking - in a park, in a laundrymat, in a home. Raises questions about adult information and beliefs.

Everyone A Winner — Color - 3½ min.
Breakfast-time conflict in a family is resolved with anger, departure and retreat. Alone, the wife turns to two comforts - a drink and a phone call to mother - which may reveal something about the problem.

Prime Of Life — Color - 2 min.
With his job at stake, a pressured salesman finds his home life competing for survival. An opportunity for role playing with adults and young people...how will the man cope with his conflicts?

School Days — Color - 2¼ min.
A teacher, harried with extra work, finds three students sharing something at a locker. Suspicions aroused, he decides one boy is in the wrong and takes him to the office. Filmed on location in an Etobicoke high school, acted by student members of the drama group.
SUGGESTED USE: To be used only as a set by parents, teachers, professionals, and volunteer agencies.

ADOLESCENT SEXUAL CONFLICT: ARE WE STILL GOING TO THE MOVIES? Color - 14 min.
Produced: 1974

A young couple are picnicing, but are problemed over a main course. The male attempts to advance, but the girl retreats, causing a conflict. They each make references to bothersome traits of the other person. The film ends with the future of their relationship in doubt. In identifying with Jack and Dana, students should readily recall their own ambivalent feelings about their sexual behavior.
SUGGESTED USE: Junior High - Adult

AFTER OUR BABY DIED Color - 21 min.
Produced: 1975

Film begins with family reactions to the loss of their child due to Sudden Infant Death Syndrome. It explains the need for prompt attention to the family regarding comforting the blameless parents and siblings. An M.D. explains the symptoms of SIDS and the necessity for having a program targeted at problems surrounding the "crib death."
SUGGESTED USE: Doctors, Emergency Medical Technicians, Funeral Directors, Nurses, Social Workers and other interested persons

ALCOHOL AND YOU Color - 28 min.
Produced: 1972

Utilizing images, music and language relevant to teenagers, the facts are presented uncolored by moralizing or preaching. The facts in a nutshell: one out of fifteen people who drink becomes an alcoholic, and according to alcoholics themselves and scientific and medical experts in this field, most alcoholism begins with teenage drinking. What makes one out of every fifteen drinkers an alcoholic? This film examines that question as well as many of the reasons for which more than 80 million Americans drink.
SUGGESTED USE: Junior High - Adult

ALCOHOL, DRUGS OR ALTERNATIVES Color - 25 min.
Produced: 1975

This is an exploration of alternatives to young people's dependence upon drugs and alcohol. Described as "not just another film on drugs or alcohol--the old scare stuff," an attempt is made to tell it as it is, documenting observations from "half-way house" residents who readily admit the alternatives aren't easy--but the potential rewards are worth the battle. How do feelings of inadequacy influence a person's life and who is responsible for these feelings--parents, peers, teachers? Some positive techniques are presented as substitutes for dependence on artificial stimulants and depressants.
SUGGESTED USE: Youth and Adult groups

ALCOHOL: OUR #1 DRUG PROBLEM Color - 11 min.
Produced: 1972

After drinking, a boy driving with his girl friend strikes and cripples a bicyclist. It points up the social and personal costs of a felony conviction. Other dramatic sequences illustrate the life-shattering effects often produced by "hidden alcoholics." Documentary portions of the film show physiology of alcohol's effect on the body and indicate the formidable nature and scope of the alcohol problem.
SUGGESTED USE: Elementary - Adult; driver education classes

ALCOHOLISM: OUT OF THE SHADOWS Color - 30 min.
Produced: 1972

The film is an edited ABC-TV documentary narrated by Frank Reynolds. It explores many aspects of alcohol and alcoholism, including the effects of alcohol on driving, using a simulated road test; shows educational efforts with school children; describes the Rochester Center program which includes clinic facilities for withdrawal; and finally, it dwells on the personal experiences of three couples in which one or both partners are alcoholics. Primary focus of the film is on the couples who in an informal group situation talk about some of their feelings and experiences as alcoholics, and their struggle to sobriety. Senator Hughes also describes to Frank Reynolds his own battle with alcoholism. The emergence of alcoholism from the shadows, its beginning acceptance as a public health problem and an acknowledgement of the need for better training of health professionals and others about alcoholism is also discussed in this film.
SUGGESTED USE: Staff and Community Education

ALCOHOLISM: THE BOTTOM LINE Color - 28 min.
Produced: 1975

General overview of employee alcoholism programs.
SUGGESTED USE: Ideal introductory film for business and industry

ALMOST A MIRACLE Color - 26 min.

The film shows the objective of public health nursing services in an Out-of-Hospital Nursing Care Program.

Public health nursing visits are shown in three different family situations. One is in a family where the father of three children has had a stroke; one is in a family where the mother has had an abdominal operation and is able to come home from the hospital early because this nursing care is available in her home; and the third is in a family where only a retired baker and his ailing wife live. The nurse visits to help with medications and "shots".

The film shows the family attitudes and appreciation for this service. It concludes with the "baker" deciding that what the nurse has accomplished by her visits is "Almost a Miracle".
SUGGESTED USE: This film is suitable for both young and old. It is especially useful in communities considering the establishment of an Out-of-Hospital Nursing Service or in communities where such services are already established to show some of the services such a program can give and its value.

ALMOST EVERYONE DOES Color - 14 min.
Produced: 1972

The film emphasizes that all people have good and bad feelings, and focuses on how people learn to cope with these feelings. Scenes from an average middle-class family illustrate what they do to rid themselves of bad feelings: the father unwinds with an evening martini; and the mother relaxes by smoking, chatting with a neighbor, and taking an occasional pill.

The film asks, "When does a drug that changes the way a person feels become harmful or dangerous?"

Alternatives to coping with bad feelings without taking drugs are explored in the context of everyday scenes: outdoor exercise, talking, reading, fishing and playing.

SUGGESTED USE: Intermediate, Junior High, teacher training and Adult Education

RESTRICTED PROGRAM

AMBULANCE RUN Color - 30 min.
Produced: 1976

A film depicting proper techniques for driving an ambulance.

SUGGESTED USE: Emergency Medical Technicians

AMERICA ON THE ROCKS Color - 29 min.
Produced: 1973

Discusses the problem drinkers' problems. Narrated by Robert Mitchem. The film neither scolds nor tries to scare. Alcohol has been used almost as long as our tenure on Earth. But there are 9 million problem drinkers in this country today and it's obvious the moderate use of alcohol has gotten away from our particular society. The film suggests how.

Film also shows how the breakdown of the American family unit and its role in absorbing social pressures has affected drinking habits in this country.

SUGGESTED USE: To initiate the discussion of personal drinking practices and community attitudes and programs by such groups as community groups, women's clubs, men's clubs, church groups, employee groups, high school and college students.

AND ON TO THE SEA Color - 20 min.

By following the course of the Willamette River in Oregon as it flows down from the mountains to the sea, this film shows how municipal sewage polluted the river and affects use of its water for domestic, reacrational and industrial purposes. The Oregon State Pollution Authority works with communities, industries and individuals to provide adequate sewage treatment. However, the success of this work depends upon an informed public opinion. The film points out how the individual can help control pollution by becoming informed, planning with others for action and voting affirmatively for bond issues to build sewage treatment facilities.

SUGGESTED USE: Communities studying the need for sewage treatment, community organizations, and high school students studying this area of public responsibility.

ANOTHER MILESTONE Color - 25 min.
Produced: 1974

M. D. explains menopause "ceasing of menses" and describes how many women have problems. All react differently, but some expect to be ill and even go insane. Brings out the need for examination to determine any estrogen or hormone deficiencies. Treatment can begin with excellent results. Women need not continue "hot flashes" and other symptoms. Stresses need for preparation for menopause physically and mentally. It can be just another milestone in a life time with no special problems.
SUGGESTED USE: Adult women interested in health problems.

ARE YOU READY FOR THE POST PARTUM EXPERIENCE? Color - 21 min.
Produced: 1975

Film covers the areas of husband-wife relationships, depression, anxiety and fears, sleep deprivation, breast and bottle feeding, maternal physical recovery, new paternal pressures and the pride and satisfactions of new parenthood.
SUGGESTED USE: Perinatal education

BABY FEEDING FOR NEW MOTHERS Color - 25 min.
Produced: 1974

Thorough demonstration of formula preparation techniques including ready to eat products along with standard aseptic, terminal heating and single bottle methods. Followed by answers to nine common questions about baby feeding.
SUGGESTED USE: Perinatal education classes and advanced high school classes

RESTRICTED PROGRAM
BATHS AND BABIES Color - 17 min.
Produced: 1974

Film covers nurse-leader demonstration of baby being bathed. Young mothers actually participate in questions and discussion. Following class, several young mothers are shown bathing babies at home. It should be noted that additional teaching by the leader is essential; i.e., care of genitalia not included. Film is warm, informative.
SUGGESTED USE: Perinatal education classes only.

BEFORE WE ARE SIX Color - 22 min.
Produced: 1970

The film is designed to prepare individuals to screen the vision of preschool and school children. It begins with an explanation of eye problems in this age group, and then moves to the actual screening procedures, follow-up and referral.
SUGGESTED USE: Professionals and volunteers interested in preschool vision

BEFORE THE EMERGENCY Color - 26 min.

A film showing what one community has done to upgrade its' emergency medical services.
SUGGESTED USE: General

BE SMART - DON'T START Color - 11 min.

The film is designed to present the true picture of the hazards of cigarette smoking. It attempts to present a lifetime attitude toward smoking which would keep pre-teenagers from starting this hazardous habit. It presents the complete cigarette smoking story; the opposing opinions and claims of the cigarette manufacturers, and those from men of the medical field are both weighed to establish smoking hazard concepts.
SUGGESTED USE: Upper elementary through high school

BEST FOOD IN TOWN Color - 12 min.

The film includes scenes of a typical cafe several years ago, showing poor service and poor practices. Further scenes show actual shots of workers in a food establishment, who in everyday routine strive to practice good sanitation and food handling techniques. Germ transfer through black smudges is well portrayed.
SUGGESTED USE: Adult education, High School and teacher training classes, food handlers and operators

BETTER BREAKFASTS, U.S.A. Color - 11 min.

This is a nutrition film with teenagers the principal actors. The film portrays two basic themes: the importance of an adequate breakfast for teenagers, and breakfast cereal's contributions to the morning meal.

The first theme is developed by showing scenes from scientific research on breakfast followed by visualizations of the findings. The second theme briefly tells breakfast cereal's farm-to-table story. A basic cereal and milk breakfast pattern is visualized. The film ends with a 7th grade class that was seen earlier in the film working on Better Breakfast follow-up activities.
SUGGESTED USE: Intermediate grades and junior high school classes.

BEYOND CONCEPTION Color - 35 min.

The film offers a vivid picture of the population explosion facing the individual and the world. It begins with an effort to establish the kind of environment we have and discusses some of the threats this poses to the quality of our lives. It treats population control, food supply, and living space as inseparable problems. As the discussion proceeds, it zeroes in on the need to bring birth rates in the United States in line with death rates. It includes a clear and specific explanation of the process of reproduction and birth control techniques. Everyone needs to make the connection between personal desires for love and children and the crisis of too many people.
SUGGESTED USE: Junior High - Adult

RESTRICTED PROGRAM

BIOGRAPHY OF THE UNBORN B & W - 23 min.

This film is available for use in the perinatal education program. Its purpose is to give the prospective parents a simple and understandable illustration of the development of life inside the mother's womb. Ovulation, fertilization, cell division and lodging of the fetus in the uterine wall is explained. The specialization of the cell's development is shown at about two weeks.
SUGGESTED USE: Perinatal education classes

BIRTH OF A BABY Color - 23 min.
Produced: 1974

A young couple's experience of the birth of their first baby. The narration includes dialogue from mother expressing her feelings and from the father as well as factual input concerning progress of the birth process from a sensitive physician. Involvement of the father throughout, including his presence in the delivery room. Film ends with couple and baby in physician's office discussing family planning and responsibilities of parenthood.
SUGGESTED USE: Perinatal education classes, school groups and adult groups

BITTER WIND Color - 15 min.
Produced: 1972

Filmed on an Indian reservation, this is the story of a prosperous Indian rancher and the tragic consequences resulting from his excessive use of alcohol. The story traces his progressive drinking pattern and vividly portrays the family suffering caused by his problem.
SUGGESTED USE: Indian audiences or for those who work with Indians

BREAST FEEDING YOUR BABY Color - 10 min.
Produced: 1974

Comprehensive presentation on the elements of breast feeding in a nurse-to-patient format. Shows prenatal breast care plus the physical changes in the breast during pregnancy as well as the accepted techniques for successful nursing.
SUGGESTED USE: Perinatal education classes and advanced high school classes.

BREAST SELF-EXAMINATION: A PLAN FOR SURVIVAL Color - 10 min.
A LIFETIME HABIT
Produced: 1974

Demonstrates techniques for breast self-examination which should enable women to become familiar with the appearance and texture of their breasts and to discover any changes, especially small lumps.
SUGGESTED USE: Junior High - Adult Groups

BRIDGING THE GAP Color - 30 min.
Produced: 1973

The film is a presentation by Dr. Thomas Gordon showing what he believes are more effective methods and skills in parent to child interactions. These involve active listening, "I" messages, confrontation, and problem solving using a no-win, no-lose approach.
SUGGESTED USE: For use by a trained person with groups interested in Dr. Thomas Gordon's "Parent Effectiveness Training"

BRIGHT FUTURE Color - 28 min.
Produced: 1962

The film shows the educational requirements, necessary qualifications and future rewards for girls interested in becoming dental hygienists. It also shows some of the types of work a dental hygienist does.
SUGGESTED USE: Persons interested in careers in dental hygiene and for showing community groups what a dental hygienist does and their role as a health worker

BY CHANCE OR BY CHOICE Color - 26 min.

The film points out the factors patients or their family members should consider in making the choice of a nursing home - this is often a difficult decision. "By Chance or by Choice" portrays a realistic approach to the selection of a nursing home for several kinds of patients; specifically an aged parent, a cardiac patient and a young man disabled by an injury. The film emphasizes that selection should be based on a full appraisal of the needs of the individual and the resources and facilities of each institution.
SUGGESTED USE: General audiences interested in the care of the aged and chronically ill and nursing home operators and staff in nursing homes

BY NATURE'S RULES Color - 30 min.

Film illustrates four lines of defense against hypothermia.
SUGGESTED USE: General audiences

BY WHOSE RULES (Systems and Self) Color - 15 min.
PRODUCED: 1975

Matt Cole is disqualified as a candidate for student government president and suspended from school for violating normal school election procedures, as interpreted by Mr. Langston, the principal. Matt, his mother, and an attorney request removal of the suspension and a new election. Mr. Langston believes he has administered the rules fairly. The issues will be settled by the school board the next day.

Stimulates discussion about the relationships between individuals and social systems and about the skills needed to work for change within social systems. (Self Incorporated)
SUGGESTED USE: Junior High

CARE AT HOME B & W - 26 min.

The broad range of health services for the chronically ill and aged, which, under various auspices, can be provided in the home, are shown. Patients and their families are interviewed and give reactions to the statement of advantages of such service.
SUGGESTED USE: Professional and citizen groups, civic groups, health departments, physicians, nurses, social workers, nutritionists and therapists

CARE OF THE YOUNG RETARDED CHILD Color - 18 min.

The growth and development of normal children is illustrated in the film, and the slower rate of the development of retarded children is also illustrated. However, it points out the development of the retarded child follows the same pattern as that of normal children, just slower. The importance of medical attention with the correction of any physical defects that may be found, is brought out.

There are scenes showing babies and children being assessed by child psychologists in a hospital clinic, and scenes of the public health nurse at work in a number of family situations, all of which emphasize the importance of good child care and mangement.

A series of feeding sequences comparing a normal child, a retarded child of the same chronological age, but lower developmental level, and a normal younger child of the same developmental level, clearly illustrates the value of early assessment of the infant in order to insure a proper feeding and training program.
SUGGESTED USE: Parent groups, Public Health Nurses, psychologists, and professional training programs of health and educational groups

CASE 7201 Color - 28 min.
Produced: 1975

Employee assistance program and its procedures in an industrial situation. Referral is based on work performance.

Case 7201 is a secretary named Sally. Her supervisor is seen in his role around proper handling of a troubled employee situation. Alcoholism is Sally's problem.
SUGGESTED USE: Supervisor training, employee groups, labor and management groups

CHAIN OF CARE B & W - 33 min.

This film shows comprehensive coordinated statewide services for mental health sufferers. It shows the professional staffs and actual patients in a full program of prevention, treatment, after-care and rehabilitation. The facilities, professional skills, and the overall human understanding of the staffs of each organization at the four levels of contact are shown. They are: the Mental Health Clinic, which provides immediate help at the first sign of trouble and tries to speed early recovery; the Psychiatric Service, which has twenty-four hour care as a local mental health service, and frequently serves out-patients living nearby; the modern Mental Hospital, which is a fully equipped and staffed resource serving patients both with short and long-term illnesses, and the After-Care Center, which is devoted to helping the patient adjust to his daily problems after treatment. Instruction in skills needed for day to day living is an important part of this program. Each of these institutions is presented in active operation in this unusual and most informative film.

SUGGESTED USE: Anyone interested in mental health, educators, psychiatric social workers, psychologists, nurses and nursing students, practicing physicians, public health personnel, etc.

CHALK TALK ON ALCOHOLISM Color - 60 min.
Produced: 1972

Narrated by an ex-alcoholic priest. All of us have attitudes about alcohol: e.g., the West as won by alcohol, "have met many people too smart to get sober" ...etc. There are 18 million alcoholics today; one in 36 get well--others die. Stresses that as drinking of coffee is learned, drinking of alcohol is learned. Reasons--people drink both to feel good. Alcohol is a sedative drug and alcoholism is addictive to it.

Emphasizes the fact that alcoholics need sobriety to find out if they need psychiatric attention. Alcoholism kills through cirrhosis, accidents and choking. Alcoholism is a family disease--they get sicker than the alcohol and also need treatment. Alcoholics drink because they cannot not drink.

SUGGESTED USE: High School - Adult

CHANGES (Physiological Changes) Color - 15 min.
PRODUCED: 1975

David and Susanna, twins, are both uncomfortable with the social aspects of growing up. Susanna is an early maturer, while David is often teased because of his slow physical development. When Susanna's package of sanitary napkins (a purchase agonizingly made) is inadvertently revealed to David and his friends, a touchy social situation develops.

Helps adolescents understand and cope with the emotions and social situations related to physiological changes. (Self Incorporated)

SUGGESTED USE: Junior High

CHANGING VIEW OF THE CHANGE OF LIFE Color - 25 min.

The film begins by showing several women complaining about how they feel during the menopause or "change of life". The scene shifts to a meeting attended by the women at which a physician explains what "change of life" means physically. He says menopause is estrogen deficiency disease. Also brought out are the dangers of osteoporosis caused by lack of estrogen. Also explained is the role of estrogen which prevents an increase of cholesterol after the menopausal period.

The women are urged to discuss their conditions with their physician as women differ.

SUGGESTED USE: All women 30 years of age and over and especially for women in the low income group

CHILD IS BORN Color - 22 min.
Produced: 1972

The film follows a young couple through the experience of pregnancy of a planned baby. It covers the prenatal exams, diet, exercise, and routine. The film depicts the baby being delivered by a nursewife (Swedish film). It is well done, very warm, and narrated by a woman.

SUGGESTED USE: Perinatal education

CHILDREN ON THE MOVE B & W - 23 min.

This film, developed by the "Smart Family Foundation" in cooperation with the Menninger Clinic, tells the story of two families who move from one city to another. The purpose of the film is to alert the public to the distress moving can be, especially to children. It suggests positive ways adults can help ease the emotional shock which often results when a youngster is uprooted and transferred to an unfamiliar environment.

One of the families whose story is told, fails to prepare their daughter for the move, and her confusion and unhappiness are shown. The other family faces the move more positively. They recognize the potential problems and take constructive measures to provide a comparatively easy transition. Their son is able to adjust to his new home with a minimum of difficulty.

SUGGESTED USE: Parent organizations and teachers

CHOOSE LIFE Color - 28 min.
Produced: 1976

Documents the necessity, organization and function of a community EMS council. Interdepartmental rivalries, political leadership and ultimate cooperation are seen in a film intended to inspire other communities to form councils of their own.

SUGGESTED USE: General audiences

CIRCULATION AND THE HUMAN BODY Color - 11 min.

The film begins with an explanation of the body cell's need for food and oxygen, their need to dispose of waste products and the need for rest and exercise. It explains how the cells are serviced by the circulatory system. Using dramatically designed animations, the film shows how blood returns from the cells to the heart through capillaries and the venous system, how the chambers of the heart pump the blood first through the pulmonary circulation and then back through the arterial system to the capillaries.
SUGGESTED USE: Junior High - Adult

CLIQUE, THE (Cliques) Color - 15 min.
Produced: 1975

Janet and Tina are good friends who enjoy being together, but each allows the other freedom to go her own way. When Janet meets Marie she is accepted into Marie's group and is swept along by the camaraderie. But soon, Janet sees that remaining in the group will mean giving up some of her independence, including her friendship with Tina. Janet's choice is left to discussion.
Encourages an awareness of the need for both individuality and group membership. (Self Incorporated)
SUGGESTED USE: Junior High

COLLISION COURSE Color - 18 min.
Produced: 1975

A traffic safety film which depicts the perils of drinking while driving. Deals with the specific effects of alcohol on driving.
SUGGESTED USE: Youth and adult groups

RESTRICTED PROGRAM
COLLISION RESCUE Color - 20 min.

Film demonstrates the use of tools and equipment needed to extricate victims from motor vehicles.
SUGGESTED USE: Advanced First Aid, Emergency Care Course, Extrication Courses

COMMUNITY PROBLEM: SANITARY LANDFILL METHOD OF GARBAGE DISPOSAL — Color - 15 min.

All widely used methods of garbage disposal are discussed, including open dumps, hog feeding, incineration, mechanical disposal, and sanitary landfill. The advantages of the landfill method are stressed.
SUGGESTED USE: Health Department personnel for training purposes and showing to city councils, boards of supervisors, and community groups for promotion of adoption of sanitary landfill methods

COMPULSIVE CAR THIEF — B & W - 28 min.

This is the story of a young man, 21 years old at the time of the filmed interviews, who is serving a sentence in a penitentiary. Ever since he was 10 years old, he has been stealing cars. He does so on impulse, makes no criminal use of the cards, and generally returns them. What is even more interesting, is that he has been getting caught after all those thefts, yet punishment seems to make no impression on him.

In other ways, he seems perfectly normal; he is attractive and intelligent, with many friends. This apparently psychopathic behavior baffles the boy's parents, his friends and the various police officials who come into contact with him. The conversations between psychiatrist and patient are not intended as examples of therapeutic interviews. The discussions are primarily informational in nature.
SUGGESTED USE: All adults

CONSPIRACY OF SILENCE — Color - 30 min.

This film presents a frank portrayal of the young problem drinker as see through the eyes of a woman who lived in a situation where drinking destroyed the man she loved and her marriage. It is a story of a young married man with small children, a good job, a comfortable home, and the inability to "slow down" his drinking. The film shows the progression from the cocktail party circuit to self and family devastation. The film is powerful and well done.
SUGGESTED USE: This film was tailored for young audiences, particularly young marrieds. This film could be used with any group and would be good for general community use.

COPING WITH PARENTS — Color - 15 min.
Produced: 1973

Three typical conflicts between teenagers and parents are dramatized: a girl's mother nags her; a boy's father seems to criticize and argue with him; another boy says his mother has no time for him. The narrator points out that behavior which gets attention will be repeated and suggests that the young people are in a sense "rewarding" or reinforcing the undesirable behavior by responding to it; the nagging gets the table set, the father's criticism gets his son's attention, and the other mother protects herself against ingratitude. The narrator shows them how to change the situations by changing their response and by understanding people's basic needs. Each dramatized situation is replayed, using the narrator's suggestions, and shows a positive solution to the problem.
SUGGESTED USE: Junior High - Adult

CRITICAL DECADES, THE B & W - 31½ min.

The message of this film conveys the fact that the best time to tackle the medical problems of old age is before the patient gets old. The need to develop a healthful pattern of living during the middle years in order to prevent trouble from developing later is brought out.

Examples are given of actual patients showing how a family doctor can educate and motivate patients toward a positive health program. One of the cases is that of a 66 year old woman with severe heart disease, who had lacked medical attention during middle age. The physician says, "Had I been able to do annual physical examinations of the patient, beginning in her early forties, I would have been able to warn her about her problems long before they became acute. By seeing her regularly, I might have been able to influence her attitude toward medicine in general and preventive medicine in particular."

SUGGESTED USE: Interest to health-related organizations, educational institutions, civic and fraternal groups, and the general public

CROSSROADS AT FOUR Color - 13 min.

When 10 year old Johnny is struck in the eye by an arrow, it is discovered that he cannot see well out of his undamaged eye. For the first time, and tragically too late, his family learns that Johnny is a victim of Amblyopia (Lazy Eye Blindness), a condition which can be corrected if detected before age 4. It stresses the importance of detecting amblyopia early, while there is still time for correction.

SUGGESTED USE: Parents of pre-school children, P.T.A.'s, well-child conferences, and parent education

CURIOUS HABITS OF MAN Color - 13 min.

A teenager compares the behavior of adults attending his parents cocktail party and that of some wildlife featured in a television show which he tunes in to during the party. The comparisons, none of which are complimentary to the adults, focuses on eating and rinking habits, manners of obtaining pleasure, modes of expression pleasure and anger, and on self-images and how they determine behavior.

SUGGESTED USE: Intermediate - Adult

DAILY GRIND, THE Color - 28 min.

This film tells the story of "Harry Jackson", whose tensions and pressures of daily living, contribute to his having an illness from which millions suffer - an ulcer. To him, morning is not the beginning of a wonderful new day, but the start of a battle with petty annoyances that make up what he calls his "Daily Grind".

Harry consults a doctor about the gnawing pain in his stomach and learns that he has an ulcer. In the diagnostic process, he learns, what ulcers are and how they can be treated. He also learns, to his surprise, that his state of mind and his reaction to life may be factors in causing his ulcer in the first place....that there are no such things as "ulcer jobs" but there probably are "ulcer people".

SUGGESTED USE: Persons reacting to stress situations and any community audience

DAY LIFE BEGINS, THE B & W - 23 min.

This film vividly and visually traces the reproductive process from the tiniest amoeba to man himself. It portrays with simplicity and clarity the beauty and understanding of the reproductive process.

The diversity of nature is underscored with scenes showing how various types of animals reproduce their own kind. Excellent and unusual nature footage shows actual birth sequence of turtles, sea horses, snakes and puppies. The development of the human baby at three and six months is graphically depicted.

Milton I Levine, M.D., consulting pediatrician to the New York City Department of Health, explains that for animals, reproduction is instinctive but with humans, it is a reasoned act of love between parents.

SUGGESTED USE: Children, as young as five, upper grades - adult

DEFENSIVE DRIVING TACTICS Color - 12 min.

The film shows a road test from Chicago to Evanston, Illinois, between an "offensive" driver and a "defensive" driver. It shows that the seconds or minutes saved by the "offensive" or "jack rabbit" driver did not offset the accumulated traffic violations. It illustrates the ridiculous exposure to loss of life and property be reckless drivers.

SUGGESTED USE: Junior High School - Adult

DIABETES DETECTION B & W - 9 min.

This is a short, to-the-point film on the symptoms of diabetes. It has a punch in that it points a finger at "you" and makes you take stock of yourself, alerting you to watch for any suspicious symptoms.

SUGGESTED USE: High School - Adult

DIABETICS UNKNOWN B & W - 29 min.

The film points up the problems of diabetes detection. People on a street are questioned as to their knowledge of diabetes, followed by a talk by a physician on symptoms and treatment of the disease. Typical diabetes patients are shown who discuss how their illness was discovered and how it has affected their lives. A 6½ minute panel discussion concludes the film.

SUGGESTED USE: any citizen group, high school and college students, nursing home operators, and ancillary personnel

RESTRICTED PROGRAM

DIAGNOSIS AND MANAGEMENT OF CYSTIC FIBROSIS Color - 26 min.

This film teaches the variation in the clinical manifestations of Cystic Fibrosis and offers a guide to diagnostic tests and explains the rationale of current therapy.

SUGGESTED USE: Physicians, nursing and physical therapy education, dieticians, nutritionists

RESTRICTED PROGRAM

DIAGNOSIS OF SYPHILIS — Color - 20 min.
Produced: 1954

This film shows techniques of diagnosing syphilis. It gives details of physical examination in suspected cases of syphilis. The stages of primary, secondary, congenital and early and late latent syphilis are illustrated. Techniques of doing dark field examination, Wasserman test and spinal tap are shown. It also stresses the role of the private physician in the diagnosis and contact tracing of syphilis.
SUGGESTED USE: Physicians and nurses

DIFFERENT FOLKS (Sex Role Identification) — Color - 15 min.
Produced: 1975

In the Barnum family, Glenda, the mother and a veterinarian, provides most of the income, while Wally, the father and a book illustrator, works at home and does the cooking and cleaning. Their children, Judy and Matt, help with the housework. Matt is uneasy about this arrangement. In a fit of rebellion, he roars off on Wally's motorcycle to prove his own (and his father's) masculinity. When his parents find Matt with his friends, all the boys learn that apparent sex roles can be deceiving.

Helps adolescents recognize and deal with existing ambiguity in our society about appropriate male-female roles. (Self Incorporated)
SUGGESTED USE: Junior High

DON'T TOUCH — Color - 7½ min.

This film provides a basic lesson of blasing cap safety. . .don't touch! These small metal caps have definite use in construction, mining, prospecting, etc., when detonated by experts. It emphasizes that if a person should find anything looking like a blasting cap, he should promptly report it to the nearest police or sheriff, fire department, or military unit.
SUGGESTED USE: Elementary - Junior High School

DOORWAY TO DENTAL HEALTH — Color - 15 min.
Produced: 1974

This film presents important facts about dental plaque prevention in an entertaining yet informative manner. Dr. Prevent takes his young patient on a tour of his office, where he learns about plaque and its relationship to dental disease. Proper brushing techniques, flossing, disclosing tablets, and diet and nutrition are the subject areas covered by Dr. Prevent and his "auxiliaries." Personal home care together with regular dental checkups is the key to healthy teeth.
SUGGESTED USE: Elementary - Adult

DOUBLE TROUBLE (Family Adversity) Color - 15 min.
Produced: 1975

Delia's mother has had a stroke and is in the hospital's intensive care unit. The older members of the family, trying to protect Delia from the realities, have made matters worse for her by with holding information and by not giving her responsibility. When she finds a way to visit her mother and to be useful during her recovery, Delia is better able to cope with the sudden change in all of their lives.

Encourages young people to discuss and participate in learning activities that will improve their skills for dealing with family adversity. (Self Incorporated)

SUGGESTED USE: Junior High

DOWN AND BACK (Failure and Disappointment) Color - 15 min.
Produced: 1975

Terri wants very much to be a cheerleader and has practiced hard for the try outs. When she is not chosen, she is at first numbed by her defeat, then overwhelmed by sadness. A heart-to-heart talk with her dad is the turning point in her recovery. As the summer progresses, Terri prepares herself to risk failure once again.

Provides a model of a young woman coping with failure in a reasonable manner. (Self Incorporated)

SUGGESTED USE: Junior High

DRUG ABUSE: A CALL TO ACTION Color - 27 min.

The film shows how one community takes constructive voluntary action to meet the problems of drug abuse. It stresses the fact that although the groups can operate independently in the community, their usefulness is increased by the pulling together of their efforts by a single voluntary source.

It is an informative story where frank attitudes are exchanged in a parent-youth discussion, a physician probes into the attitudes of actual drug users, a group therapy session is viewed at the hospital, members of a voluntary action group talk to teenagers--all done with honesty and bluntness.

SUGGESTED USE: Junior and Senior High School, adult groups seeking both information and a suggested course of action to alleviate a community drug problem.

DRUG ABUSE: EVERYBODY'S HANGUP Color - 14 min.

The film depicts drug abuse as a problem of people. People of many types with a variety of reasons make today's drug abuser. The abuser can be one who takes drugs to stay awake, to escape from reality, or merely searching for identity. The range of reasons is endless. The film emphasizes the need of parents and children to start an honest dialogue in solving the problem. This is not a film on straight drug information, but covers all the areas we would hope will initiate discussion on the why's and wherefore's of the drug scene today. The narration is the only voice heard.

SUGGESTED USE: High School - Adult

DRUGS: USE OR ABUSE Color - 10 min.

This film has been designed to provide the elementary student with basic information about drugs. Informed of the powerful nature of drugs, of the skill and care which is exercised with their use in medicine, and alerted to the danger of accepting drugs from persons who know nothing about them, the viewing student is guided toward a mature decision regarding the growing problem of drug abuse.
SUGGESTED USE: Elementary - Junior High

DRYDEN FILE, THE Color - 29 min.

This film describes a modern and highly effective approach to combatting a problem whose cost to industry has been estimated at $15 billion. It shows how management can attempt to deal with an employee's deteriorating job performance without direct attacks against the employee's destructive drinking practices.
SUGGESTED USE: Employee groups

EATING ON THE RUN Color - 16 min.
Produced: 1975

Discusses how to select food for fast eating such as breakfast, lunch and snacks to get a nutritionally adequate diet. Focuses on how to select food at restaurants, convenient carry out food counters, etc.
SUGGESTED USE: Junior High - Adult

EACH CHILD LOVED Color - 37 min.

Safe, legal abortion is dramatically contrasted with illegal abortion in this pioneering educational film. It is mainly the story of Carol, a young mother who is pregnant at a time when neither she nor her husband, Wally, are ready for a second child. She decides on abortion, and her experience is documented from the time she and Wally are counseled by a clergyman, through the operation itself and post-abortion counseling.

In group counseling scenes, young women raise questions which will be the starting point for discussion of related issues, including the need for a more humane view of male-female relationships, and the need of young people for sex education and counseling.
SUGGESTED USE: Women's clubs, civic clubs, High School, College, any community organization

EARS AND HEARING, THE B & W - 12 min.

The film describes the physiology of the human ear by means of graphic animated drawings and close-up photography of the ear while functioning. It portrays accurately how the parts of the ear operate and record some of the important sounds in our environment. It also explains three common causes of impaired hearing and demonstrates how a hearing aid is used.
SUGGESTED USE: High School - Adult

EARS: THEIR STRUCTURE AND CARE Color - 11 min.

The film describes, in detail, the role of each part of the ear in the hearing process, the proper care of the ears and some of the common ailments.
SUGGESTED USE: Adult audiences interested in hearing conservation programs, and also upper grades, high school and college students.

RESTRICTED PROGRAM

EMERGENCY OBSTETRICS Color - 20 min.
Produced: 1974

Shows emergency childbirth.
SUGGESTED USE: Advanced First Aid and Emergency Care Courses

RESTRICTED PROGRAM

EPIDEMIOLOGY OF PESTICIDE POISONING Color - 16 min.

Film discusses the maning of epidemiology as related to pesticide poisoning. The various factors contributing to the occurrence of pesticide poisoning are described step by step and further dramatized by the portrayal of two actual cases of poisoning by pesticides.
SUGGESTED USE: Especially suited for psecialized groups versed in environmental sanitation; too technical for use with lay public.

ESCAPE FROM ADDICTION Color - 27½ min.

This film is an illustrated lecture given by R. Gordon Bell, M.D., who founded the Donwood Institute in Toronto. As he talks, Dr. Bell refers to charts and diagrams, the more complex of which are reproduced in a guide available with the film. Dr. Bell begins with the complexities which determine why what may be poison for one man, is merely a drug with minimal effects for another. He lectures on the factors which have contributed to the upsurge in use of chemicals of dependence. He then focuses on ethyl alcohol as a topic for further illustrations of use patterns. Dr. Bell concludes with some thoughts and suggestions about treatment.
SUGGESTED USE: High School - Adult

RESTRICTED PROGRAM

ESPECIALLY FOR FATHERS Color - 25 min.

This is a film emphasizing the role of the husband in giving support and comfort to his wife in the first stage of labor. The film begins by showing the preparation of the other children in the family for the mother's departure for the hospital.

The importance of the husband's knowing the prescribed exercises and assisting his wife carry them out is emphasized. He find many things to do to keep her interested and as comfortable as possible. He is asked to keep written records of the length of the contractions and their spacing, and based on the directions given by the physician knows when to call the physician.

The preparation of the wife on arrival at the hospital is explained. At the time of delivery, her husband goes to the "father's waiting room" and actual birth of the baby is shown on this film. The husband and wife are then given a few minutes alone with their baby right after the baby is born.
SUGGESTED USE: Perinatal education classes

EXAMINING THE WELL CHILD — RESTRICTED PROGRAM, Color - 30 min.

The film points out to physicians, interested in the health of the child, the need for adequate and complete physical examinations to be done in the physician's office. The importance of the physician's educating the parent is stressed. The film illustrates the items which should be included in the physical examination and calls attention to the inclusion of emotional and behavioral signs of deviation which should not be overlooked. The film also emphasizes that the examination should not be done hurriedly and that the appointment should be made well in advance in order that the physician will have time to adequately assess the health of the child.
SUGGESTED USE: Physicians and public health nursing groups

EXTRICATION RESCUE — RESTRICTED PROGRAM, Color - 32 min.
Produced: 1975

The rescue of five persons trapped in two cars, one of which is on fire.
SUGGESTED USE: Advanced first aid, emergency care course, extrication courses

FACTS ABOUT FIGURES — Color - 13½ min.

The problem of weight gain by adults as they grow older is the theme of the film. The film points out that careful adjustment of food intake and physical activity can remove excess weight the way it was put on - slowly.
SUGGESTED USE: College - Adult

FAMILIES — Color - 9½ min.

"Families" is designed for viewing by children. Done in animation, its main theme has to do with the interdependence of all human beings everywhere. Subtly, it leads to the acceptance of the concept that Margaret Mead has called, "the family of man." The film also deals with such ideas as: individual families are essential to children; parents have helpers in raising children; some of the education and care-taking jobs are delegated to non-relatives; each child needs to have his own identity.
SUGGESTED USE: Children in the early primary grades

FAMILY MATTERS (What is a Family?) — Color - 15 min.
Produced: 1975

Andy, a teenage girl, is caught in the cross fire of hostile divorced parents, who compete for her affection but never really listen to her. She knows it is possible to have family support even though parents are divorced because she sees an example in the family of her friend Diane. Andy invites both of her parents to watch her swim in a race, and a series of unpleasant confrontations results. These incidents, however, may be the first step toward a happier family situation.

Stimulates discussion about what a family really is and how understanding can promote the well-being of all family members. (Self Incorporated)
SUGGESTED USE: Junior High

FAMILY FIRE SAFETY Color - 15 min.

This film is on the flammability of fabrics. It illustrates how easily certain fabrics catch fire and burn and these fabrics are hazardous in clothing, drapes and carpets. The film demonstrates that wool is less flammable than other materials.
SUGGESTED USE: Older youth groups and adults

FERTILIZATION AND BIRTH Color - 8 min.

This film augments the film "Human and Animal Beginnings". It presents in a more realistic and frank manner details concerning the subjects of fertilization and birth than does the basic film. However, it can be used separately without "Human and Animal Beginnings" being used first.

Using animation, the film shows how eggs are fertilized in the fish, dog and human; the growth of the embryo and fetus into newborns. Shown is the birth of chickens, puppies and calves, and it contains diagrams of the birth of humans.
SUGGESTED USE: Elementary children - High School groups who have not had previous instruction, parents, teachers and others who work with children

FIRE IN MY KITCHEN Color - 13 min.

The film gives some common examples of kitchen fires, most of them centering around grease and garbage can fires. It tells how to try and extinguish these fires and when to call in the fire department.
SUGGESTED USE: School (upper level home economics classes) and community groups

5,000 DUMPS Color - 25 min.

Project Mission 5000 encourages the elimination of open burning dumps and the initiation of sanitary landfills. The operation of Mission 5000 is explained and the national campaign is discussed. Techniques for closing open dumps, converting open dumps to sanitary landfills, and sanitary landfill operation are given. All-out citizen support is solicited.
SUGGESTED USE: City-County officials, supervisors, commissioners, civic groups, school groups and general public

FOOD: FADS AND FACT Color - 17 min.
Produced: 1974

Food fads and facts are carefully defined concerning current issues on the use of organic fertilizers, insecticides, processed foods, super doses of vitamins and minerals and food additives as well as food labels.
SUGGESTED USE: Upper elementary - Adult; community groups, health clinics, extension groups, 4H, etc.

FROM BOY TO MAN Color - 16 min.

The film explains some of the common physiological manifestations of a boy's maturation. It presents the changes of adolescence in the order of their simplicity, i.e., moving from the superficial changes of growth, skin, voice and body hair to the more complicated phenomena of glandular changes and sexual maturation. Throughout the film, normality is portrayed. Individual differences in rate of growth are stressed as normal.
SUGGESTED USE: Boys just entering adolescence, older boys and girls who have not had the opportunity to get this information, parents, teachers, scout and church leaders, or any other adult who works with adolescent boys

FROM GIRL TO WOMAN Color - 16 min.

This is a companion film to "Boy to Man". It is an important film for girls, dealing with human growth and development during the turbulant change from girlhood to womanhood. The male reproductive system, as well as that of the female, is described. The film is a scientific and authoritative treatment of this subject and was produced under medical and psychiatric supervision.
SUGGESTED USE: Girls just entering adolescence, older girls and boys who have not had the opportunity to get this information, parents, teachers, scout and church leaders, or any other adult who works with adolescent girls.

GETTING CLOSER (Boy-Girl Relationships) Color - 15 min.
Produced: 1975

Greg really wants to take Laura to the school dance but can't bring himself to ask her. His friend Louie, a self-styled "lover," teases him unmercifully about his shyness and fear. Finally Greg does appear at the party with his mind made up to ask Laura to dance. As he starts toward her, Louie, not knowing Greg is there, whisks her away to the dance floor. Greg is left alone, embarassed and disappointed.

Aims to help students see that their feelings of anxiety about interacting with persons of the opposite sex are universal and normal. (Self Incorporated)
SUGGESTED USE: Junior High

GETTING THROUGH B & W - 20 min.

In this film, Burt Lancaster presents some of the troublesome questions about cigarette smoking. For example, why do young people smoke, knowing that it may cause physical disability or early death? And, who is responsible for seeing that young people don't pick up the habit? The film dramatizes the "smoky" world in which teenagers live. It explores cigarette smoking as a complex paradox in our society and concludes that the final decision about teenage smoking is not up to their parents, their teachers, the government, medical science, or the advertising business. It is ultimately a personal decision which each teenager must make after carefully weighing the facts.
SUGGESTED USE: High School students, and those who work with them

GIANT STEPS B & W - 15 min.

This film is one of the Raymond Burr series. It investigates a family's attitudes toward accidents. It shows how an active young boy comes close to many dangerous situations and has closer calls. It brings our the importance of the many important decisions a young boy has to make as to which of the things he wants to do.
SUGGESTED USE: Youth and adult groups primarily, but also for some elementary grades

GLAUCOMA: SILENT THREAT TO SIGHT Color - 15 min.
Produced: 1974

A woman visit a doctor to have her eyes checked and finds that she has glaucoma. A dialogue between the patient and doctor covers the disease, its symptoms (or lack of same), and the importance of periodic checks by a doctor. Includes a description of the anatomy and physiology of the eye and describes medication used for treatment of the disease.
SUGGESTED USE: Lay groups from high school through adult

GONE FOR GOOD Color - 10 min.

This film explains sanitary landfill operations and discusses the equipment required for a typical landfill operation.
SUGGESTED USE: Sanitarians, county commissioners, city councils, and anyone interested in solid waste disposal

GREAT EXPECTATIONS Color - 22 min.
Produced: 1975

Explains the benefits of good maternal nutrition both during pregnancy and breast feeding. It is a warm, motivational film. The healthy mothers and infants that it portrays are compelling evidence of the role good nutrition plays in fulfillment of the job and vitality of motherhood.
SUGGESTED USE: Women's clinics, education for parenthood, nursing schools, high schools

GREEN BOX, THE Color - 25 min.

The demonstration grant project of Chilton County, Alabama, is reviewed. An effective rural-district system for a sanitary landfill disposal area is discussed as a practical, economical method to dispose solid waste. Problems and satisfactory solutions are given by citizens of Chilton County in this widely accepted film.
SUGGESTED USE: City-County officials, supervisors, commissioners, civic groups, school groups and the general public

GUIDELINES Color - 45 min.
Produced: 1976

Father Martin discusses eight guidelines in helping the alcoholic.
SUGGESTED USE: Youth - Adult Groups

HALF MILLION TEENAGERS PLUS Color - 18 min.
Produced: 1974

This film replaces the film Quarter Million Teenagers. Gonorrhea information is presented during the first half and syphilis the second. Film begins with testimony from a boy and his girl friend about the value of getting treatment in spite of embarrassment. General information is presented via a Doctor's "talk" to his patients (the boy and girl.) The film ends with a variety of questions regarding symptoms, treatment and prevention of VD, stimulating the audience to ask questions after the film ends.
SUGGESTED USE: Junior High - Senior High

HANDLE WITH CARE B & W - 27 min.

This film shows there is hope for many of the mentally retarded, if they are "handled with care". It stresses the importance of team work and illustrates the roles of team members: pediatricians, speech therapists, psychologists, social workers, physical and occupational therapists and nurses.

The need for parental understanding is emphasized and it shows some of the educational techniques used in special education classes that are helpful. The importance of training in emphasized, periodic testing and the need for employment are brought out.
SUGGESTED USE: High School and college students, professional workers and citizens interested in mental retardation.

HAPPY FAMILY PLANNING Color - 8 min.

"Happy Family Planning" is a witty, speechless, animated cartoon that would be excellent for the hospital maternity ward. In animation between father and mother and doctor, it answers the five main questions people ask about family planning. Will it really prevent pregnancy? Will it injure me? Can we have babies later? Will our child of the future be normal? Will it spoil our sex life?
SUGGESTED USE: Adult groups or groups interested in family planning

HAVE A HEALTHY BABY Color - 19 min.

To show "love, impregnation, development, delivery, the wonder of life" is the purpose of this film. The film uses extraordinary animation details of the development of the embryo and some of its major organs. Warnings are posted as to how damage may occur.

The first examination of the mother by a physician is shown and there is considerable discussion of the need for good nutrition. It emphasizes the need to do "all you can to have a healthy baby" and serves as a guide for eventual parents.

SUGGESTED USE: Junior High - Adult; Perinatal education

HEALTH CAREERS B & W - 13½ min.

The film shows actual health workers doing their jobs. Both picture and narrative keep a balanced emphasis on physical and mental health; on working with the sick and well; and shows the wide range of educational requirements from occupations that take little or no special training to those requiring years of graduate study.

SUGGESTED USE: High School and early years of college, professional health workers, teachers and guidance counselors.

HEALTHY MOTHER, HEALTHY BABY Color - 16 min.
Produced: 1975

Film stresses good nutrition and eating habits for the expectant mother as well as the avoidance of alcohol, cigarettes and non-prescribed medications such as vitamin pills and aspirin.

SUGGESTED USE: Junior High - Adult groups

HEAR BETTER: HEALTHY EARS Color - 12 min.

An understanding of how students hear is important to what they hear. The film stresses the pleasures that come through hearing well. In clear animated sequences, the structure of the ear is detailed and the actual process of receiving air vibrations and transmitting them into "sounds" is shown. General information on how to take care of the ears is presented.

SUGGESTED USE: Primary and Elementary grades

HEARING AND NOISE Color - 16 min.

The film makes the student aware of the perils of prolonged exposure to commonly encountered high noise levels as well as presenting a detailed physiological examination of the ear and hearing mechanism. Using a young rock musician as the subject, the film shows his refusal to accept the fact of hearing loss, the frustrations arising from it, and the hazards which can be encountered as a result. It relates to the student that loss of hearing can pass almost undetected in a physical sense, but result in reduced attention, frustration, and lower quality of work.

SUGGESTED USE: Junior High - Adult; hearing conservation program

HEARING: THE FORGOTTEN SENSE Color - 17½ min.

The purpose of this film is to reinforce the importance of hearing and to explain the haring process and to develop among people a concern for the protection of their own hearing.

The importance of hearing in a communicating sense, the anatomical function of the ear are both explained. Attention is given to the ways in which hearing can be damaged: disease, pressure, sharp objects, concussion and prolonged exposure to noise. The prevention of such damage is explained and an opportunity for the audience to participate in a non-technical relative hearing acuity test is provided.

SUGGESTED USE: Upper grades - Adults; hearing conservation program

HELPING HANDS FOR JULIE B & W - 30 min.

The story of Julie revolves around her fight for life when she is brought into the hospital emergency room - diagnosis unknown. Her family doctor, a surgeon and a resident physician mobilize the entire medical team and it swings into swift, disciplined and decisive action. The "helping hands" are: nurses, medical tec hnologists, x-ray technicians, and the medical record librarian. The pharmacists and the dietician roles are also portrayed.

SUGGESTED USE: High School - Community groups interested in health professions

HIDDEN HAZARDS B & W - 28½ min.

This film tells the story of occupational health starting on a dramatic note -- the near fatal poisoning of a metal shop worker. It shows how man has progressed from the early trades, with their obvious dangers, to today's complex operations, in which the hazards may be less evident.

The film shows what is being done to protect employed men and women from those health hazards which arise in the course of their work. It traces the change in attitudes and practices over the years. It shows that certain kinds of work are more hazardous than others. Sometimes the danger comes from the conditions under which men work, and sometimes from the materials they use.

SUGGESTED USE: Those who live and work in our modern society, and those concerned with the protection of the worker's health and to students planning a health career

HOLD BACK THE NIGHT Color - 15 min.

This film is on Glaucoma. The film explains and shows, by diagram, what Glaucoma is, and the statistics of its incidence are given. The importance of examination is included and some of the means of treatment are explained.

The early signs of the disease are described and the importance of the prevention of further loss of vision is emphasized.

SUGGESTED USE: All lay groups from high school - adults

HOME HEALTH AIDE Color - 23 min.

The film explains the personal care services provided by home health aids to the sick and disabled at home. It shows her as a member of the health team under the direct supervision of a registered nurse. It stresses the need for in-service training, types of assignments that can be made to the home health aide and their supervision.

SUGGESTED USE: Home health agencies, orientation for staff in home health agencies, schools of nursing, home health agency advisory committees, and welfare department staff

HOMOSEXUALITY: WHAT ABOUT McBRIDE? Color - 10 min.
Produced: 1973

Homosexuality is a sensitive and difficult topic for young people to discuss; one about which they are concerned, but about which they have little real knowledge. The film creates a climate in which questions will be raised, pre-conceived notions aired, and one in which the discussion leader can help viewers reach a better understanding of the many sides of this real and pressing social and person problem.

SUGGESTED USE: Junior High - Adult

HOOKS Color - 28 min.
Produced: 1972

Narrated by Michael Landon, the film ties "Hooks" on fish lure to "Hooks" on drugs and other materials. Reviews over the counter non-prescription drugs, prescription drugs, marijuana, the law and military regulations, hallucinogens and narcotics - street drugs, smoking, over-eating, alcohol and alcoholism.

The film is over-dramatized, and contains a somewhat opinionated approach to drug information.

SUGGESTED USE: Primarily targeted toward military audiences, general introduction to drugs if supported with good discussion

HOPE AND THE PROMISE, THE Color - 25 min.

The film demonstrates the effectiveness of rehabilitation counseling in rehabilitating the handicapped who, because of a condition, illness, or accident, must be trained or retrained in meaningful employment or other work.

Three cases are presented: (1) A young man who developed arthritis and became disabled -- and almost helpless -- through the work of the counselor, accepts his conditions, agrees to medical treatment, learns to walk again and is retrained in work which he can do well and is very interested. Work is also done with the family to help them understand the man's feelings and capabilities; (2) a young woman, an accomplished pianist, suffers burns on her hand and developes an emotional problem. The rehabilitation counselor helps her to understand the need for mental treatment to help her return to her work as a mother and wife. She was also able to be trained as a teacher and piano teacher; (3) a mentally retarded teenager has emotional problems and spends all his time working on a car. The counselor helped him enter a sheltered workshop and later finds his place as a welder. Well demonstrated is the work the counselor did in helping the family to accept the boy and his work and the counseling he did with the employers to help them understand the value of a mentally retarded employee.

The film is excellent in showing that the mentally retarded can do a number of kinds of work and do them well.

SUGGESTED USE: Anyone interested in rehabilitation, especially rehabilitation counseling.

HOPE IN THE HOME B & W - 13½ min.

This film depicts a home care service for the chronically ill. The action shows the medical and physical evaluation of patients and the development of the rehabilitation program for each. The care of the patient is under the supervision and guidance of the family physician, and the patients are treated in their homes by a public health nurse and a physical therapist. Useful therapeutic procedures are demonstrated and simple self-help devices and their adaptation in the home are shown.

The teachings in the film are applicable to care in the home and in nursing homes.

SUGGESTED USE: Professional health personnel and citizens interested in home health care.

HOPE IS NOT A METHOD Color - 13 min.
Produced: 1975

The film imparts medical and scientific information about seven types of contraception: withdrawal, rhythm, spermacidal foams, the condom, the diaphragm, the pill, and the IUD. It also discusses vasectomy, tubal ligation, and abortion in the same honest and sensitive manner.

SUGGESTED USE: High School - Adult, planned parenthood education programs, health agencies, social workers

HORIZONS UNLIMITED Color - 22 min.

This film shows vividly how the many trained people in the health field work as a team, with the physician and as an extension of the physician, to bring about the best possible result for the individual patient. It runs the gamut, of these needs, showing the work of such para medical people as certified laboratory assistance, the medical technologists, the nurse, dietician, medical records technician, inhalation therapist, radiological technologist, physical therapist, occupational therapist, and prosthetist, to name some of the 200 career jobs whose services are needed in addition to that of the physician, to provide adequate medical care.

SUGGESTED USE: young people who have not chosen a career and may be interested in one of the many careers in the health field

HOW AND WHAT OF SEX EDUCATION FOR EDUCABLE PERSONS Color - 20 min.
Produced: 1975

"The How and What" shows actual scenes of various situations and how they should be handled. It also teaches methods of sex education by brining the camera into classes and illustrating how to teach the language of sex, how to answer embarrassing questions, how to feel at ease with your students, what to teach your class, etc.

SUGGESTED USE: Parents, educators and students, and for in-service training of all personnel that are in contact with the educable retarded

HOW SAFE AM I? B & W - 22 min.

In this film, R. Gordon Bell, M.D., an authority on alcoholism, conducts a discussion on "drinking" with teenagers in one of their homes. This film is based on the many open discussions Dr. Bell has held with groups of young adults in their late teens and early twenties concerning drinking.

He discovered that there were certain questions about the use of alcohol to which young people wanted clear, unbiased and honest answers. In this film, he answers these in language the youthful drinker, his family and employer can understand. There is no moralizing, preaching or evasion.

The film not only provides the young adult with some important education on the use of alcohol, but it is also an educational tool that can stimulate follow-up group discussion.

SUGGESTED USE: Teenagers - Adult groups

HOW THE EAR FUNCTIONS B & W - 10 min.

The anatomical physiological aspects of the ear are shown. Schematic drawings and cutaways are used to explain the mechanical and neurological phenomena that takes place during the act of hearing.

SUGGESTED USE: 5th grade on up, volunteer workers to better acquaint them with ear and its functions, and parents whose children have any type of hearing loss

HUMAN AND ANIMAL BEGINNINGS Color - 13 min.

This is a classroom film for the first and second grades. It introduces basic concepts of the family and the elementary facts of human reproduction and birth. Fish, birds, rabbits and other animals are used to illustrate and enliven the script; but the human baby is paramount. Both animation and live action are utilized.
SUGGESTED USE: First and second grade

HUMAN GROWTH Color - 20 min.
Produced: 1975

This is an educational film which is conducive to discussion of the facts of human sex without embarrassment or tension. The film achieves three cardinal objects: (1) demonstrates for parents how sex education can be handled smoothly, intelligently, and in a socially acceptable manner in schools: (2) provides the classroom teacher with a suitable instructional aid for presenting the biological facts of sex as a part of human growth and development, and (3) establishes, through identification, an exemplary teacher-pupil relationship which is conducive to easy classroom discussion. The full value of this film can be obtained only if it is used by the regular classroom teacher. Showing of the film in school by a special lecturer or visiting instructor, tends to place the subject in an unusual or special category and is a practice to be avoided.
SUGGESTED USE: Grades 6-9 in school classes in science, health, homemaking and related courses, college courses in teacher training, educational and genetic psychology, family life education, and mental and social hygiene; teachers, public health nurses and parent groups

HUMAN REPRODUCTION Color - 30 min.

This is a factual film on the human reproductive system and on the process of normal human birth. Models and animated drawings are used throughout the film to describe the anatomy and physiology of the individual reproductive organs of both men and women. The growth, eruption and disposition of the unfertilized female egg is shown and the process of menstruation is carefully illustrated and explained. The film then takes up the functions of the male organs in the reproduction process. The body mechanics of the delivery process are explained and illustrated by means of animated drawings. Throughout the film, the biological normalcy of reproduction is stressed and in its conclusion, emphasized the importance of clear, objective familiarity with these facts as important to the success of marriage and parenthood. High school and college classes should have been properly prepared to see this film.
SUGGESTED USE: High School - Adult

HUNGRY ANGELS Color - 20 min.
Produced: 1973

Three Guatemalan children are born the same day in the same maternity ward and are followed in this true-to-life fiction story through the first year of life when the effects of malnutrition are the most pronounced. Malnutrition resulting from ignorance, poverty and superstition is the main point explained in the

dramatic fight for life of the three children. The film is produced by INCAP, the Institute for Nutrition for Central America and Panama.
SUGGESTED USE: Junior High - Adult

I AM JOE'S HEART Color - 26 min.
Produced: 1976

Clearly explains the physiology of the heart, how psychological tension can strain the crucial organ, the causes and nature of a heart attack, and good health practices needed to keep the heart sound. Live sequences are combined with three dimensional animation to graphically portray the ways in which the heart can be abused and its consequences.
SUGGESTED USE: Junior High - Adult

I AM NOT WHAT YOU SEE Color - 28 min.
Produced: 1975

Subject explains her view of humanness and how many people see only the physical capabilities as important. Subject has an M.A. in Psychology. The film will challenge an individual view of who has a right to life, education, employment and opportunity.
SUGGESTED USE: Parents of handicapped children, adolescent handicapped individuals; professional groups - counselors, Public Health Nurses, teachers, therapists, speech pathologists

I AM 17, PREGNANT, AND I DON'T KNOW WHAT TO DO Color - 30 min.

The film follows a 17 year old through gestation of her child. It shows her with a group of other unwed pregnant girls, discussing options open to them as each approaches the birth of her child. It also discusses the option of abortion. The film presents the benefits and disadvantages of keeping and giving up the child for adoption.
SUGGESTED USE: High School and unwed pregnant girls

IDENTIFICATION OF EARLY SYPHILIS Color - 30 min.

This film is a simulated medical school lecture on the subject of the identification of early syphilis. It stresses the importance of suspecting syphilis in office patients, discussing the necessity of being able to recognize the signs of early syphilis, and the need for prompt and effective epidemiology. It also includes clinical slides.
SUGGESTED USE: Medical students and physicians

IF YOU LABEL IT THIS, IT CAN'T BE THAT — Color - 13½ min.

The film presents candid interviews with children and adults revealing the extent to which labels about people, particularly racial and ethnic groups sometimes cause misconceptions and stereotypes. Contradictory and often humorous statements illustrate the effects of words, names and labels on our attitudes and values.
SUGGESTED USE: Elementary - Adult

INSERTION AND REMOVAL OF AN IUD — RESTRICTED PROGRAM Color - 13½ min.

SUGGESTED USE: Doctors and family planning clinics

IN THE BAG — Color - 19 min.

Refuse bags now provide a convenient, economical and efficient means for solid waste disposal. This film describes the refuse sack system of collecting solid wastes as a better means of service which will greatly reduce operational problems. Problems such as odor, spillage, and weight are nearly eliminated.
SUGGESTED USE: City-county officials, supervisors, commissioners, civic groups, general public, and school groups

I.Q.: QUESTIONABLE CRITERION — Color - 13 min.

A simple intelligence test score cannot be the sold basis of classifying a child as mentally retarded. This is because there are many reasons why a child has a learning problem.

A comprehensive diagnostic evalution is needed and this film shows the procedures and specialists involved in making such an evaluation. Such an in-depth evaluation can discover the basic cause of the child's learning problems, and if these are remedial, help determine the appropriate remediation. If given early in the child's life, it makes it possible to provide appropriate remediation early and thus prevent serious social and personal problems later in life.

The in-depth evaluation of the child includes: a psychological examination, audiometric examination, vision examination, clinical neurological examination, electroencephalogram, evaluation of neurological examination, projective testing, psychiatric evaluation and case conference.
SUGGESTED USE: School personnel, medical specialists, parents and other concerned about children having learning disabilities

INTERRUPTED MORNING — B & W - 15 min.

This film tells the story of unnecessary automobile accident injuries brought about because seat belts are not used. The story is told from the viewpoint of the physician and brings into play the findings of California's Institute of Transportation and Traffic.
SUGGESTED USE: General audiences

INTRODUCTION TO PUBLIC HEALTH NURSING: WORLD OF CONTRASTS - TIME OF HOPE — Color - 30 min.

The film depicts actual working situations of public health nurses and describes the gamut of kinds of services performed and types of persons for whom they have responsibility for service; i.e., the young couple, economically stressed, with a new baby and a pre-school child with a heart problem; a retired couple in which the husband has suffered a stroke; nurse in the school health program; a clinic situation with a young pregnant woman; conducting a parents education class; and a home visit to an elderly woman alone. The PHN's knowledge of and use of other community resources is also highlighted.
SUGGESTED USE: In-service training for new staff nurses, student nurses before they begin their community health experience, and community education as to the role and responsibilities of the public health nurse

I ONLY WANT YOU TO BE HAPPY — Color - 16 min.
Produced: 1975

Illustrates in a dramatic way the tension created by sex-role conflicts. It discusses how the changes of roles and life styles for women do not evolve in a straight forward fashion. Each girl is exposed to subtle influences and direct pressures from her environment that either reinforce the firmly entrenched traditional roles and behavior, or introduce new possibilities for women. Each has to decide along which path on the traditional-modern continuum that she fits regarding her own identity and happiness.
SUGGESTED USE: Junior High - Adult

IT COULDN'T HAPPEN TO ME — Color - 30 min.
Produced: 1973

Film emphasizes the need for young people to be acquainted with the uses of birth control methods. The film also suggests the need for more improved sex education, particularly in order to achieve better communication between the sexes and between young people and adults.
SUGGESTED USE: High School - Adult

IT HAS NOTHING TO DO WITH YOU — Color - 14 min.
Produced: 1974

A 16 year old son return home to find mother and father have decided to divorce. Both parents try to use the boy. The film poses questions and situations for discussion at the end. Promotes discussion for teenagers.
SUGGESTED USE: Junior High - Adult

RESTRICTED PROGRAM

IT HAPPENED BY ACCIDENT — Color - 35 min.

A training film for emergency medical technicians that emphasizes patient examination.
SUGGESTED USE: Advanced first aid and emergency care courses

JENNY IS A GOOD THING — Color - 15 min.

The film is about Head Start and Head Start children, with a focus on food and nutrition. Centers around the country are used in the filming to expose a wide range of nutrition related activities. It attempts to show how mealtime and food experiences can skillfully be integrated in a program that best serves the Head Start child.
SUGGESTED USE: Head Start, day care, and preschool activities

JOURNEY IN HEALTH — B & W - 22 min.

The importance of preventive medicine among children through the regular and continual health supervision of a physician is stressed in this film. In a series of flashbacks, a pediatrician rec alls some of the cases in his career where continuous health supervision prevented a child from suffering throughout life from a congenital difficulty. Also seen are children who come too late for him to detect and correct. The film shows a health examination and includes a complete study of the child's growth and development, both physical and emotional.
SUGGESTED USE: Parents, teachers and health personnel

LABOR AND DELIVERY — Color - 37½ min.

This film depicts and treats the actual events that occur during labor and delivery. It is intended to help the obstetrical staff and so help every pregnant woman understand more realistically and meaningfully, the ways in which she can contribute to her own comfort and her baby's safety during labor and delivery. This helps to minimize the possible groundless fears, and eliminate the apprehension normally experienced by most primiparas.

Art work is utilized to clarify the difference between false and true labor; to explain what happens to the cervix and uterus during labor, and to depict the usual signs which portend the start of labor.
SUGGESTED USE: Educational programs conducted by physicians and nurses.

LET'S KEEP AMERICA BEAUTIFUL — Color - 14 min.

The film begins with typical shots of some of America's most beautiful scenery and then shows how this beauty is bespoiled by conscious and unconscious littering. It emphasizes vivdly how each one of us is included to think of the other fellow as a "litterbug", whereas almost all of us are guilty. The size of the problem is shown in terms of truck loads of litter per average mile of public highway. This is then transposed into dollar and cents costs of litter clean-up. This film ends with an appeal to each of us to be personally responsible to help correct what amounts to unconscious vandalism.
SUGGESTED USE: Elementary - Adult

LIGHT OF YOUR LIFE Color - 15 min.

This film urges widespread screening programs for the purpose of finding suspected Glaucoma among adults who are 35 years or older. It also brings out the importance of vision screening programs in schools to find suspected vision problems, and among preschool groups to find suspected amblyopia--"lazy eye".

The section on Glaucoma is presented as a personalized experience of a factory foreman and his family. The film points out that Glaucoma destroys vision by developing pressure within the eye which rapidly and continuously diminishes the field of view. The testing procedures are described and the remedial treatment that can be administered is given.

The film demonstrates the simple screening test which requires but a few minutes for anaesthetic eye drops and painless eye pressure measurement with a tonometer.

SUGGESTED USE: High School - Adult

LIKE OTHER PEOPLE Color - 37 min.
PRODUCED: 1973

A deeply moving film dealing with the sexual, emotional and social needs of the mentally or physically handicapped. The two central characters are cerebral palsy patients who by using their own words, make a plea to humanity for the understanding that they are "real" people. This film not only shows the unknown aspects of being handicapped but also rasies intense questions about the quality of life, about privacy, and about understanding "other people."

SUGGESTED USE: High School - Adult, family living classes, counseling, rehabilitation, speech and hearing, medical and nursing training, social work, mental health

LIVING SOBER - THE CLASS OF 76 Color - 29 min.
Produced: 1976

This film investigates the practical questions and the challenges in getting and staying sober. It explores topics such as: alcohol and business; a social life without alcohol; how to refuse a drink; forgiveness; sex and sobriety; expanding horizons; relapses; living decisively; and, a life of continuing quality. It demonstrates and encourages acceptance of the recovered alcoholic as a valuable, contributing member of society.

SUGGESTED USE: Senior High - Adult

LOOK ALIVE B & W - 15 min.

Raymond Burr as Perry Mason introduces "Look Alive". This is a story of two men; the first, preoccupied with business, steps out in front of a moving car. The second, the driver, examines some of the jaywalker's practices.

SUGGESTED USE: Children, youth and adult groups

MANAGING YOUR EMOTIONS Color - 11 min.
Produced: 1971

How can you recognize and deal with strong emotions such as fear, love and rage? How can you differentiate between feelings and responses, especially when they spring from the unconscious? Young people discover that self-defeating responses can be changed through relearning, and are introduced to the concepts of conditioning and modeling.
SUGGESTED USE: Junior High - Senior High

MAN: THE INCREDIBLE MACHINE Color - 27 min.
Produced: 1975

Sophisticated photographic and recording techniques enable you to see and hear inside the body. Tour the heart, blood vessels, shows material being chewed and swallowed, etc. Good introduction or summary of body systems.
SUGGESTED USE: Upper Elementary - Adult; health and science classes

MASCULINE OR FEMININE: YOUR ROLE IN SOCIETY Color - 18½ min.

The film is interviews of people from various segments of society giving their opinions on masculine and feminine roles today. Their conflicting viewpoints reveal not only the stereotyped traits usually associated with the two sexes, but also that rigid concepts seem to be changing, replaced by emphasis on human qualities and values. This film lets viewers draw their own conclusions and helps them define their own developing roles.
SUGGESTED USE: High School - Adult

ME AND ABOUT TWENTY OTHERS Color - 20 min.

This film dramatizes how the problems of a few students alert a concerned teacher to action. The school nurse suggests that health problems may contribute to the situation. She feels a school health council might be the first step in the solution of the teacher's dilemma. Convincing the principal of the need for a health council is difficult. However, following the formation of the council, their consultation and advise prove valuable in solving many of the learning disabilities of students. The teacher find order returns when Ed Olsen, the formerly aggressive student, has a serious hearing loss detected and corrected, and when an insecure and overweight girl gains confidence and self-acceptance.
SUGGESTED USE: In-service training of teachers and administrators, PTA, and college

RESTRICTED PROGRAM
MEDICAL CERTIFICATION OF CAUSES OF DEATH Color - 17 min.

This film aims to assist physicians in practice to prepare the medical certification of causes of death; to show the need for a complete and accurate medical certification of causes of death. It also shows the relationship between medical certification and vital statistics.
SUGGESTED USE: Physicians in practice and training

MENTAL HEALTH YEAR B & W - 33 min. each, 2 reels

Although there are two reels, each can be used separately. The purpose of the film is to present an understanding of the new concepts in the care of the mentally ill and retarded to citizen groups. The first reel shows the care provided in modern hospitals, new changes in drug therapy, and the increase in use of individual and group psychotherapy.

The second reel emphasizes the care and training of the mentally retarded. It carries through into prevention, and emphasizes the need for the child to develop through activities. Also brought out are the basic principles in the child's development and points out the need for improved care.
SUGGESTED USE: Adult citizen groups

MIDSUMMER'S NIGHTMARE B & W - 15 min.

Raymond Burr as Perry Mason tells the story of several near drownings and the role of water safety in the prevention of drownings.
SUGGESTED USE: Youth and adult groups

MRS. HAZARD'S HOUSE B & W - 12 min.

It starts with animated "Grimm fairy tales"--make believe your home is filled with hazards. The mother and father, after seeing the film, examine their own home, find hazards, and decide what could be done.
SUGGESTED USE: High School - Adult

MUNICIPAL SEWAGE TREATMENT B & W - 20 min.

Sewage treatment modifies and reduces the destructive effects of water carried wastes on our rivers, lakes and streams. The film shows the various processes in the treatment of sewage; screening, settling, and disinfection, aeration, and chlorination. The aim of sewage treatment is conservation of water resources, and the ultimate objective is to modify and reduce the destructive effects of water carried wastes on our rivers, lakes and harbors.
SUGGESTED USE: Civic groups, sanitarians, and high school students who are studying this area of community responsibility.

MY FRIEND (Ethnic/Racial Differences) Color - 15 min.
Produced: 1975

Virgil, a young Navajo, and Eddie, a young caucasian - living in a sparcely settled area of Utah - have been the best of friends for years. As they leave their rural elementary school and begin junior high, each is pressured by his ethnic group to stay away from the other. In the final scene, Virgil is attacked by several white students while Eddie, confused, stands by and watches.

Helps students understand that people often feel the need for ethnic identity and encourages them to appreciate the qualities common to all human beings. (Self Incorporated)
SUGGESTED USE: Junior High

NATURALLY A GIRL Color - 13½ min.
Produced: 1975

Film explains to young girls and possibly boys, why menstruation happens and how it relates to approaching motherhood/womanhood. It reflects feelings of young girls who have experienced the "growing up" process. Animated sequences explain the facts of menstruation. Personal feminine hygiene products are also discussed.
SUGGESTED USE: Girls 9-18

RESTRICTED PROGRAM
NEW BABY, THE Color - 27 min.

Preparations, the mother's prenatal care, the preparing of the baby's room, and the employment of a housekeeper to care for the family while the mother is in the hospital are shown. The baby is brough home and the mother makes special effort to include the other children in his care, and give them the attention they need.

The elements of his care, such as keeping him dry and fed, the making of the formula and keeping it sanitary, his bath, and the washing of his clothes are emphasized.
SUGGESTED USE: Perinatal education

RESTRICTED PROGRAM
NEW PULSE OF LIFE Color - 30 min.

Techniques for cardiopulmonary resuscitation are shown.
SUGGESTED USE: Advanced first aid and emergency care courses

NEW ROAD AHEAD B & W - 35 min.

The story of this film begins when a woman takes her husband to a treatment center for alcoholics, after he admits he is powerless over alcohol. Treatment is a slow withdrawal of alcohol. He returns home, but his compulsion to drink, gets the best of him and he gets drunk and is charged with drunken driving. He returns to the hospital and after his discharge, he goes to a psychiatrist for treatment. He begins to enter into community activities, and finally he is able to refuse drinks when they are offered to him.
SUGGESTED USE: High School - Adult; professional people who are concerned with the problem of alcohol

NINE MONTHS TO GET READY Color - 23 min.

Film portrays the second pregnancy of a young woman whose first child was born prematurely. She had not received any prenatal care. With this pregnancy she seeks care early. Prenatal care is provided in a clinic situation. The film describes well the initial prenatal examination and subsequent visits, including what lab work is done and why it is done. It explains the cervical smear and its importance. Husband is included in the film. Also covered are medications, nutrition and weight gain, and reference to future family planning.
SUGGESTED USE: Perinatal education classes

NINETY-NINE BOTTLES OF BEER Color - 23 min.

The film is an appropriate film for all discussion groups and classroom situations concerned with the problems of today's youth - their attitudes, their feelings. The producers did not predetermine the contents. Instead they went to the young people and asked them how to make the film.

The film is non-judgmental. It simply relates actual experiences and feelings of young people as they relate to alcohol. No authoritarian viewpoint is exhibited. Young people come to their own conclusions.

SUGGESTED USE: High School - Adult; all young people who want to understand themselves better, and adults who care enough to listen

NOISE POLLUTION Color - 15 min.

The film presents noise pollution and its effects on man. The differences between sound and noise, the methods used by various agencies to measure sound, the physiology of hearing, and the possible ill effects due to excessive noise are discussed. The effects on living animals show the harmful effects of noise pollution.

SUGGESTED USE: Junior High - Adult

NO TIME TO BE LONELY Color - 30 min.

This is an actual musical performace by a group of older ladies living in a home for the aged.

SUGGESTED USE: Persons living in homes for the aged, citizen groups interested in homes for the aged, and operators and staff of homes for the aged.

NO TRESPASSING (Privacy) Color - 15 min.
Produced: 1975

Alex lives with his mother, father, brother and two sisters in an apartment in the city. One day, unhappy with his lack of privacy, he takes refuge in an abandoned building. Working with old furniture, he sets up a comfortable place for himself and at last has privacy--until his friends begin to arrive.

Precipitates discussion about an individual's need for privacy and about ways to cope with the situation when that need is denied. (Self Incorporated)

SUGGESTED USE: Junior High

ON BEING AN EFFECTIVE TEACHER Color - 36 min.

The film outlines and highlights Dr. Thomas Gordon's Teacher Effectiveness Training. It deals with problems of ownership, active listening, "I" statements and problem solving and confrontation.
SUGGESTED USE: TET instructors in sessions with teachers

ON BEING SEXUAL Color - 22 min.
Produced: 1975

A film for parents and professionals and persons interested in mental retardation which emphasizes that the mentally retarded are sexual beings. Sol Gordon, Professor of Family Studies, Syracuse University, talks with retarded young adults about sex. A social worker from Planned Parenthood talks about the necessity of giving accurate, complete information. Parents and Professionals discuss sexuality and the mentally retarded.
SUGGESTED USE: Parents of retarded children and adults; Professionals working with retarded; young adult retarded

ONE IN 350 B & W - 21 min.
Produced: 1973

The film is an educational tool for general information on SIDS as a disease. The impact on the family is openly portrayed in personal interviews with families who have lost a child to SIDS. Shows that often, professionals dealing with the family can gain a better understanding of the importance of their interaction with the family.
SUGGESTED USE: Public health nurses, social workers, and other interested community personnel

OPERATION RESPONSIBLE Color - 18 min.

Film depicts a safety program designed primarily for refuse collectors.
SUGGESTED USE: Training of repective persons

OPERATION UNDERCOVER Color - 20 min.

Even though the Hough Company emphasizes the advances of its Payloader, this is a very comprehensive, practical overview of the sanitary landfill requirements which include equipment requirements. Topics covered encompass site selection, operational methods, land reclamation, necessary equipment feature, suggested maintenance, functions of equipment and cleanliness of the site. After a brief introduction to solid waste management problems and a statement that solid waste is here to stay, the comprehensive overview is presented.
SUGGESTED USE: City-County officials, commissioners, supervisors, civic groups, general public and school groups

OPPORTUNITY TO HEAR Color - 33 min.

This is a film which acquaints the viewers with the problems resulting from a hearing loss in children, such as poor speech, poor scholarship, disobedience, daydreaming, aggression or withdrawal, and a general lack of communication.

The importance of the early detection of hearing loss, medical follow-up counseling, special educational and remedial procedures are brought out. One of the major problems of a hard-of-hearing child is that the handicap does not show and hence early detection is not always accomplished so that attention is not given early enough to conserve as much hearing as possible, to improve speech habits and prevent emotional problems.
SUGGESTED USE: Teachers, parents, public health personnel, high school and college students

RESTRICTED PROGRAM
ORAL EXFOLIATIVE CYTOLOGY Color - 20 min.

This film depicts the value of exfoliative cytology as a diagnostic aid in the detection of early and unsuspected cancers of the mouth. Several clinical examples of unsuspected mouth cancers are shown; the technique for obtaining a cytology specimen is also demonstrated in detail. The variation of microscopic appearance of normal cells and of cancerous cells is represented, and the direct application in several actual cases is shown.
SUGGESTED USE: Dentists and physicians

RESTRICTED PROGRAM
ORGANO PHOSPHATE PESTICIDE POISONING Color - 25 min.

This film describes treatment of organo phosphate poisoning. It uses the case study approach, showing symptoms and treatment.
SUGGESTED USE: Physicians

PARANOID SCHIZOPHRENIC, A B & W - 28 min.

The most common variety of schizophrenic is characterized by delusions of persecution. The patient in this film believed that everyone was part of a vast "organization" whose sole objective was to destroy him.

Even during his treatment, he regarded the hospital staff and the other patients as part of this group of persecutors. Yet, within a matter of months, he begins to get some insights into his condition. Eventually this man returned to his former job -- a highly responsible one with a large company.

SUGGESTED USE: Teaching purposes in professional training and any adult groups interested in the care of the mentally ill

PARENT TO CHILD ABOUT SEX Color - 31 min.

The purpose of this film is to help parents talk with their children about sex. It was developed since the physician who produced the film feels that most adults - not just parents - are uninformed, misinformed and unsure of themselves about the subject of sex matters. What "sex education" that has been given in the past has at most been a little sex instruction on the physiology of reproduction, with a few dire warnings about illegitimacy and venereal disease, and not all adults had even that much. Most parents want something better for their children. This film is designed to help parents do this.

The first part of the film demonstrates the beginning of sex education with the young child. Although the examples of parent-child discussion are those of mother and child, it is important to realize that either parent may talk with a child of either sex.

There are also some scenes dealing with situations involving older children. These were chosen for discussion to give authoritative information..

SUGGESTED USE: Parents and all adults who work with young people

PARTY, THE Color - 28 min.

A sensitive portrayal of the sexual development of teenagers. Six high school seniors borrow a beach house for the week-end. Two of the couples have been intimate regularly; the third has not. As the week-end progresses, their varying attitudes toward the sexual act are revealed. The film shows strong peer pressure toward the third couple to conform.

SUGGESTED USE: Teenage groups, young adult, and parent groups

PATTERN FOR THE NATION B & W - 60 min.

This film explains the Connecticut Program for Mental Retardation. It is a documentary film originally made for TV. It explains what mental retardation is, the problems of mental retardation, and classification of the retarded. It brings out the importance of placing emphasis on the family of the retarded rathern than on the retarded individual.

SUGGESTED USE: Professional and citizen adult groups, and college groups interested in the services for the mentally retarded

PEOPLE WHO CARE Color - 25 min.

This film tells a story -- a story about a young wife and mother who becomes mentally ill. The film traces her progress from the time of her admission to the hospital until she leaves. As it does so, it becomes far more than a story about one person. It is a story of "people who care"-- the seven persons who work together toward a common goal -- the restoration of this woman to her family and her community.
SUGGESTED USE: High school or adult groups interested in mental health, teachers and school counselors

RESTRICTED PROGRAM
PERSONAL CARE DURING PREGNANCY REEL 1 Color - 27 min.

This film illustrates the needed care through the first trimester of pregnancy. The film brings out the changes in the woman's body which are normal in pregnancy. It includes a description of the fetus early in its life and the function of the placenta and the umbilical cord. Changes in the size of the fetus and the increase in the volume of blood in circulation are shown. Emphasis is placed on the food needed by the pregnant woman, her need for recreation, exercise, personal hygiene, rest and dental care. She is encouraged to talk over her problems with her husband and her doctor.
SUGGESTED USE: Perinatal Education classes

RESTRICTED PROGRAM
PERSONAL CARE DURING PREGNANCY REEL 2 Color - 27 min.

This film covers the second and third trimesters of pregnancy. The film shows the growth and movement of the fetus during these periods of pregnancy. Some of the problems that may occur, such as constipation, backache and leg cramps, are mentioned with suggestions for avoiding these problems.

The normal results of "stretching" are shown. Positive suggestions are made which include the wearing of clothing that does not restrict, and low heeled shoes. The importance of regular visits to the physician's office is stressed, and the film ends with the baby in the mother's arms.
SUGGESTED USE: Perinatal Education classes

PERSONAL HYGIENE FOR BOYS Color - 11 min.

Several boys have special problems regarding personal hygiene and the changes taking place in their maturing bodies. The film offers guidance on the common standards of good body care, including shaving, showering, and skin and hair care.
SUGGESTED USE: Junior High - Senior High, or health related classes

PLANNED FAMILIES Color - 20 min.

This film is designed for professionals to use in instructing persons in methods of family planning. With visual simplicity, which is made possible through the skilled use of animation and film imagery, men and women see the miracle of their own reproductive organs, learn how a baby is conceived, and how it develops.

Its purpose is to aid families bring children into the world by choice. It includes all available birth control methods.

SUGGESTED USE: Professional person's use in either instructing persons in training or for their use in instructing families in methods of family planning or for groups interested in or working in family planning association

POINT OF RETURN B & W - 24 min.

Suicide can be reduced only through an understanding of the problem and its seriousness. This film recounts, chronologically, the events of a day culminating with a suicide attempt.

Following this case-history, the pattern of cases resulting in death is illustrated. By flashing back to selected sequences of the story, a panel in the film comments on the important incidents of suicide, its effects on the survivors, and the need for preventive programs. The tendency of suicide-minded persons to cry out for help while planning self-destruction, and the usual behavioral changes, are discussed.

SUGGESTED USE: Social workers, employers, teachers, ministers, labor and business groups, police and law enforcement officers, as well as persons studying mental health

POISONS AROUND THE HOME Color - 11 min.

Ths film creates an awareness of poisons found in and around the home and assists each child viewer in attaining an attitude of self protection. A feeling of reponsibility for the protection of younger children is also engendered.

SUGGESTED USE: Elementary grades

POLK COUNTY BRUSH-ON Color - 9½ min.

This film shows how an interested group of volunteers from a county in Oregon conceived the idea of doing preventive dental health work with their young people of school age. They organized a program whereby trained teachers teaught daily sessions on tooth brushing in their school classes. The purpose was to have the young pupils learn how to administer their own fluoride treatments and to develop good tooth brushing techniques.

SUGGESTED USE: Pupils, parent groups, and interested professional groups to introduce the program of self application of fluoride to teeth and gums.

PRACTICAL VIEW OF SYPHILIS Color - 30 min.

This is a survey of the diagnosis and management of syphilis. It is presented from the point of view of the natural course of the disease. The lecturer makes liberal use of graphs and clinical subjects.
SUGGESTED USE: Physicians and nurses

PRESCRIPTION FOOD Color - 30 min.
Produced: 1974

This is a TV documentary dealing with malnutrition. It was filmed in a study area including examinations and results of changes in diet of children in the study. Discusses food supplement program (WIC) and shows the involvement of the nurse practitioner in the study area.
SUGGESTED USE: Interested community people

RESTRICTED PROGRAM
PRESCRIPTION FOR LIFE Color - 28 min.

Techniques for cardiopulmonary resuscitation.
SUGGESTED USE: Emergency Medical Technicians

PRESSURE MAKES PERFECT Color - 15 min.
Produced: 1975

Nan is a talented musician whose parents unwittingly pressure her to become an outstanding pianist. Nan deals with the tension by rebelling. At her recital she plays a short, simple piece instead of the difficult one, bangs her fists on the keyboards, shouts "And that is my recital!" to the audience and stalks off the platform.

Helps adolescents recognize pressure to achieve, explores the effects of pressure, and learn ways to cope with it. (Self Incorporated)
SUGGESTED USE: Junior High

PROFILE OF AN ALCOHOLIC B & W - 33 min.

The film portrays graphically to the layman as well as to the professional person, how the symptoms of alcoholism develop early and how they progress. The film also shows how the early symptoms can be recognized. It shows an alcoholic from the time he first began drinking as a teenager through the progressive stages of becoming an alcoholic and then on to the time he admits he cannot control his drinking. Also illustrated is the drink ravaged alcoholic who has to have a drink before he can even begin his work day.
SUGGESTED USE: Lay and professional adults, college and high school groups

PSYCHOACTIVE Color - 28½ min.

This film shows how the nine systems of the human body are affected by each of the five classifications of psychoactive drugs. The film also explores other factors such as tolerance, withdrawal, and dependence. The information presented is the most current as gathered through practical experience and research at the Haight-Ashbury Drug Detoxification and Rehabilitation Project in San Francisco.
SUGGESTED USE: Junior High - adult groups, classes in biology or drug education, educational TV, drug programs and for any group that needs facts and not feelings about psychoactive drugs

PSYCHOSOMATIC CONDITIONS - OBESITY B & W - 28 min.

This film shows a 13 year old girl who is unhappy because she is fat. She is fat because eating helps to relieve her feelings of frustration over the lack of communication between herself and her mother. In this case, the girl's parents also receive treatment, and after several months, the family is brought to an awareness of the relationship between the girl's unmet emotional needs and her overeating. They also learn to communicate more effectively with each other.
SUGGESTED USE: High school - adult groups if professional resource persons are present to answer questions

PUBLIC HEALTH NURSE AND THE MENTALLY RETARDED Color - 45 min.

This film depicts the aid that a public health nurse can provide to parents with retarded children, and it documents a typical case -- detection of the abnormal condition, marshalling of community facilities to provide help, and the education of parents to enable them to deal with training situations. Community facilities in this case include the services of physician, physical therapist, occupational therapist, social worker, speech specialist and others. The part of the public health nurse is clearly shown in the film, and the observer feels keenly the satisfactions and joys of her work as the film unfolds.
SUGGESTED USE: Nurses, welfare workers, public health educators and other professional persons who work with retarded children and their families, and the general public

PURPOSES OF FAMILY PLANNING Color - 15 min.

Some people choose to plan their families for reasons relating to physical and emotional health, economic stability, or personal preferences. Several of these reasons are shown in everyday language of typical family situations. The film incorporates both narration and dramatization with sources of counseling and detailed information.
SUGGESTED USE: Senior high, college and adult

RADIATION Color - 27 min.

This is a "primer" for moderns about radiation -- what it is and what it does to living things.

From a sun-drenched bathing beach to an awesome "gamma garden", this film explores how heat, radio waves, x-rays and gamma rays affect people and other forms of life.

SUGGESTED USE: High school and citizen groups to show how radiation is used for the benefit of mankind and its dangers

RAT PROBLEM, THE B & W - 20 min.

The film presents rats as the economic and health problem they are. It shows the economic loss caused by rats from destruction and waste of food; damage to building structure; and loss of property values. Rat bite fever, Weil, Typhus, and the Plague are some of the diseases which rats can do carry to man.

SUGGESTED USE: High School - adult

READ THE LABEL AND LIVE Color - 9 min.

The purpose of this film is to alert everyone to the importance of reading the warnings found on the labels of commonly used products. On many product labels, in everyday use words, warnings such as DANGER-WARNING-CAUTION are printed. Serious injury and even death can result if these warnings are not carefully read and followed.

The safe handling practices of hair sprays, insecticides, common medicines, paint thinners, lacquers and other household products are shown. The importance of knowing whether or not to induce vomiting in case of poisoning is discussed.

SUGGESTED USE: Upper elementary - adults

REALITIES OF RECYCLING, THE Color - 38 min.

This film contains additonal substance about the problems and potentials of recycling that a serious student, public works administrator, or a community official wants. Existing markets for glass, aluminum, metal cans, paper, old appliances and old car hulks are described, along with new technology for tomorrow.

SUGGESTED USE: City-County officials, contractors, supervisors, civic groups and school groups

RECYCLING Color - 21 min.

The pressure of public opinion in favor of recycling is enormous. Nevertheless, expensive processes, a limited market, and a lagging technology push economical recycling into the future. "Recycling" shows existing techniques for recovering materials from solid waste, newly developed equipment, and systems which may make recycling universal tomorrow.

SUGGESTED USE: City-County officials, commissioners, supervisors, civic groups, school groups and contractors

RED LIGHT RETURN Color - 14 min.

This is a film to illustrate car safety. The University of California at Los Angeles conducted tests: car collisions at 40 miles per hour to determine the types of glass and door latches. They measured the impact of these collisions with anthropometric dummies with and without seat belts and harnesses. The film illustrates the impacts of these collisions with windshields, doors flung open, and the ejection of bodies. Slow motion scenes analyze the various types of windshield glass used in this study.
SUGGESTED USE: Anyone of driving age

REDS, WHITES AND BOOZE Color - 30 min.
Produced 1974

The film is a graphic satirical presentation of family life in our drug comfort oriented society that follows a teenage girl through realities and fantasies. The film is oriented toward the idea that the solution of our "problem" lies within all of us. We, young and old alike, have indulged in some form of chemical comforts. We must understand ourselves first and then try to understand others and the best media for this understanding is the family.
SUGGESTED USE: Junior High - Adult

REHABILITATION OF PATIENTS WITH CLEFTS OF THE LIPS AND PALATES Color - 27 min.

In fairly technical, but understandable language, this film explains, demonstrates and shows type of clefts, reasons for clefts, and surgical and prosthetic rehabilitative techniques. It also does well in presenting problems and explaining ensuring procedures. All the various professional disciplines used in cleft palate rehabilitation are shown in action. The film story is laid around a classroom lecture in which the doctor's subject in the cleft palate.
SUGGESTED USE: Educational purposes with parents of cleft palate children, and professional seminars concerned with cleft palate rehabilitation

REPORT ON DOWN'S SYNDROME Color - 21 min.

This film is a comprehensive statement of "Down's Syndrome", previously called "Mongolism", one of the causes of mental retardation. The film outlines general characteristic and treatment methods, including the latest findings in the area of genetics.

The development of two mongoloid children over a six-year period is illustrated and provides invaluable information to parents.
SUGGESTED USE: Professional health workers, educators, social workers and others who work with mentally retarded

RIGHT FROM THE START Color - 23 min.

This film is one that depicts the importance of immunization. Parents are urged to have their children protected against the common communicable diseases "right from the start," during the first year of life. By animated sequences the viewer is given a simplified explanation of how vaccines help the body to produce the antibodies with which it can fight and kill disease germs. The film also brings out the importance of periodic boosters for older children and adults to maintain their immunity.
SUGGESTED USE: Upper elementary - adult

RIGHT TO HEAR, THE Color - 29 min.

The film dramatizes the need for organized programs of conservation of hearing and emphasizes the objective and possibilities of attainment in a carefully planned approach to the problems involved. The techniques of group and individual hearing tests, medical follow-up procedures, and educational re-adjustments are demonstrated.
SUGGESTED USE: Public health nurses, teachers and persons who are going to develop a hearing program

ROLL GUARD Color - 10 min.

This film promotes the use of tractor roll bars and seat belts to prevent tractor roll-over injuries and fatalities.
SUGGESTED USE: Future Farmers Associations and other training sessions as well as for farm owners and operators

SAFETY THROUGH SEAT BELTS B & W - 12 min.

The purpose of this film is to show the safety value of seat belts in the reduction of deaths and serious injury from automobile accidents.
SUGGESTED USE: High School - Adult

SANITARY LANDFILL Color - 18 min.

The film shows that garbage and waste disposal can be done economically and safely with a sanitary landfill. Good selection of the location, and proper control, dumping and covering will ensure safe disposal. Such methods will not leave unpleasant odors, unsightly dumps, nor breeding places for rats.
SUGGESTED USE: Upper grades - adult groups interested in garbage disposal and city officials responsible for garbage disposal

SANITARY LANDFILL: FOUR PARTS REFUSE, ONE PART EARTH — Color - 24 min.

The film explains detailed requirements for good sanitary landfill operation. It shows that consideration must be given to the volume of daily refuse to be disposed of, what goes to make up a good location for the operation, and plans for the ultimate use of the area when the landfill is completed. It covers such details as the kind and amount of machinery required for different sized operations, as well as the probably number of employees. Based in part on an actual landfill operation in the Los Angeles area, the information presented is nevertheless applicable for any community that wishes to consider this means of refuse disposal.
SUGGESTED USE: Any person or group with a general interest in the subject, and individuals or groups who have the responsibility of planning for refuse disposal for their communities and who wish to consider this method

SANITARY LANDFILL: YOU THE OPERATOR — Color - 20 min.

This film is a part of the Environmental Protection Agency course "Sanitary Landfill, You the Operator". It is a training film for the operator of a landfill, designed together with the course and class discussion to get the operator to follow the proper way to run a landfill. It begins by showing that the landfill (location and design) needs the services of an engineer to do the initial planning. The interview between a newsman and the manager of a landfill then covers all of the essentials in the actual operation of the landfill. This includes proper dumping of refuse, compaction, covering, prevention of litter, stock piling of dirt for winter for bad weather operation, storage of machinery, kinds of machinery, and other items which are every-day considerations for the operator of a well run landfills can reclaim land and put it to valuable use for parks and playgrounds is well emphasized.
SUGGESTED USE: Persons operating or supervising the operation of a sanitary landfill as well as persons such as city councilmen, or other persons interested in the operation of a sanitary landfill.

SCHOOL HEALTH IN ACTION — Color - 25 min.

This film shows the development of a school health program, emphasizing the role of the teacher and nurse in screening procedures. Information is given on healthful environment, health instruction and health services. The film also points out the importance of community support for such a program.
SUGGESTED USE: Teacher training courses, all educators and public health personnel

SCOLIOSIS SCREENING FOR EARLY DETECTION — Color - 12 min
Produced: 1975

Shows how the school nurse or public health nurse as well as teachers can detect scoliosis.
SUGGESTED USE: Nurses, educational meetings, etc.

SECRET LOVE OF SANDRA BLAIN, THE Color - 28 min.

The film shows, step by step, the progression into alcoholism of a wife and mother. We see how she, in her unrecognized illness, deceives her friends, family, physician and herself.
SUGGESTED USE: Senior High - adult

SELLING ONE GUY NAMED LARRY B & W - 17 min.

This is a film showing employment possibilities for the mentally retarded. In a concise, dramatic presentation, retarded people are shown at work. The film points out that these people are like you and me -- with one difference: they are mentally retarded.
SUGGESTED USE: Community, professional, high school and college groups interested in the mentally retarded

SET THE STAGE FOR DENTAL HEALTH Color - 28 min.

A resourceful dentist with an imagination presents an evening program of basic dental health facts to parents and teachers. To enliven his presentation, he developed portable "props" and models and incorporated nearly every type of audiovisual device in his program.
SUGGESTED USE: Adults interested in preserving the dental health of their children, as well as their own, and teachers

SEX AND THE PROFESSIONAL Color - 25 min.
Produced: 1975

Gives professional people information and attitudes toward counseling about sex. It is of special importance that men and women in the health service fields understand the diverse sexual needs and patterns of patients and clients. To do so, they must recognize and accept their own sexual feelings and impulses. This concept, more and more a part of professional education is the basis for the film.
SUGGESTED USE: Professional and paraprofessional people counseling others

SEX IN THE CLASSROOM Color - 12½ min.
Produced: 1975

Should Sex Education be part of an elementary school's curriculum? Teachers, administrators, parents and students relate the effect of such a program on their educational system.

Opponents, such as fundamentalists, are also part of this examination of such a course.

The camera enters the classroom, the town meeting and the school yard to record this on-going controversy.
SUGGESTED USE: Parents, educators, social workers, planned parenthood groups, and students majoring in education are the target groups for this film

SEX IN TODAY'S WORLD Color - 28½ min.

This film examines social forces which have changed our public treatment of sex and the results on our private lives. It increases self awareness and understanding between generations.
SUGGESTED USE: High School, college, parent groups; especially for use with adult sex education programs, along with family planning

SILENT WORLD - MUFFLED WORLD Color - 28 min.

The narrator of this film relates historically the difficulties of speech, education and normal living for the deaf. Animation explains the physiology of the ear, the mechanics of the hearing process and the hearing impairment caused by certain disorders of the outer, middle and inner ear.
SUGGESTED USE: Teachers, health professionals, parents, high school, college groups and other citizens

SMOKING AND YOU Color - 11 min.

This film aims to show that smoking is a dangerous habit. It contains some of the scientific information that makes smoking a health hazard. It shows in animation the delicate mechanism of the lungs and how they can be harmed.

A specially contrived "smoking machine" demonstrates the amount of the chemicals that can be inhaled and pictures the lungs with some of these materials in them. The film pictures the smoking habit as socially unglamorous.
SUGGESTED USE: High school - Adult

SMOKE ANYONE? Color - 9 min.

This film was produced with the cooperation of high school students. Its purpose is to help junior and senior high students not to smoke. Hopefully this film will help formulate attitudes either before the habit is acquired, or soon enough after smoking begins so that breaking the habit will not impose too great a hardship.

The film should be used as a basis for discussion, and supplemented by scientific information from the Surgeon General's Task Force Committee Report.
SUGGESTED USE: Junior high - Adult

SMOKING: IT'S YOUR CHOICE Color - 15 min.

Good food, pure water, and clean air are essential to life. Polluted air has become a serious problem in our country; yet many people complain about it while deliberately inhaling contaminated air into their lungs as they smoke. The effects of these pollutants in terms of cancer and emphysema are covered, as well as the effect of smoking on heart action.
SUGGESTED USE: Upper elementary - adult

SPECIAL UNIVERSE OF WALTER KROLIK Color - 24 min.

This is the story of a man, his family, and their particular way of life. His unexpected illness results in a turmoil of feelings, reactions and necessities. The effects of his illness upon the entire family, but particularly upon him are portrayed. Supporting the patient and family through their crises are doctors, nurses and social workers.

The patient is helped through a therapeutic regimen of diagnostic tests, medications, adequate nutrition, rest and physical activity, social activity and rehabilitation. But there is something lacking. The patient's feelings about himself, his family, his situation and his illness are reflected clearly in his expressions and behavior, but the nurses do not recognize them, or else perceive them as something different.

After he is brought back to the hospital, the family, nurses, doctors, and others will at last begin to understand Walter Krolik, how he really feels and what he needs and wants.

SUGGESTED USE: Nursing education, pre-service and in-service, and other professional educational groups

STARTING LINE B & W - 20 min.

The film shows how the Illinois Health Department is providing special care for premature babies from birth until they can be cared for by their own mothers.

SUGGESTED USE: Interested persons, nursing education classes and physicians.

STEP LIGHTLY Color - 16 min.

This is a film on pedestrian safety. It shows in a graphic manner the importance of retro-reflective materials to be worn on clothing or around the neck of individuals and the importance of labeling bicycles, etc., when on a street or highway at night.

SUGGESTED USE: All persons

STORY OF ERIC Color - 34 min.

"The Story of Eric" is a tender and deeply moving record of a young couple's first childbirth experience. The film is narrated by the young people who share day by day the hopes, the plans, the expectations that only a child's birth can inspire. Prepared childbirth is shown as a means by which wife and husband, doctor and nurse prepare together for the delivery of the child.

SUGGESTED USE: Prospective parents and marriage and family life courses from junior high through college

TELL ME WHERE TO TURN Color - 26½ min.

This film is designed to show how Information and Referral Services help tear down the walls between people who need help and people whose job it is to give help. . .by bringing them together for the best interests of the community. The purpose of the film is to stimulate understanding and encourage interest which will lead to action; to develop such a service in a community where none exists, or to strengthen an already existing service to make it meet community needs more efficiently and economically.
SUGGESTED USE: Professional and volunteer health and social welfare workers, physicians, civic and community officials, service clubs, and general public

THEN ONE YEAR Color - 19 min.

This film deals with the physiological changes in boys and girls at the onset of adolescence, but also to some extent, with the worries and tensions of that troubled period. It deals with variations in growth, changes in body hair, contour and skin, to glandular changes, sexual maturation and reproductive functions. The need for good habits of personal hygiene and health are highlighted.
SUGGESTED USE: 6th and 7th grades boys and girls and their parents

THE PARENTING EXPERIENCE Color - 19 min.
Produced: 1976

Introduces the concept of "parenting" as a means of enriching the parenting/baby relationship. It presents two typical couples and shows how both mother and father carry out the basic "how-to" skills of infant care bathing, feeding, diapering, etc.
SUGGESTED USE: Perinatal education

THERE IS A WAY B & W - 35 min.

This is a film which portrays the steps in training a patient to regain bowel and bladder control, and it illustrates how his dignity and self-respect are restored as his control of elimination is gradually learned. The film is outstanding in its explanation of the physiology involved. It is an excellent training film and it stresses interpersonal relationships.
SUGGESTED USE: In-service training of any professional group of nurses

THERE IS A WAY Color - 17 min.
Produced: 1972

Deals with the problems in rural North Carolina - which is primarily the problem of open burning dumps. The problems related to this burning are focused on and are explained: the film shows the use of a properly operated sanitary landfill. The sanitary landfill is an especially good solution for this area and for many parts of the U.S. with similar population patterns.

A considerable amount of time is spent explaining and demonstrating how a sanitary landfill should be operated. The latter part of the film is actually a training film for persons who operate crawler tractors and do the actual work of compacting and covering the sanitary landfill. However, there is enough general information in the film to make it of value for other groups, especially those interested in or part of the decision making process regarding handling of solid waste materials.

THERMAL WILDERNESS Color - 28 min.
Produced: 1975

Shows the symptoms and preventions of heat stress in the human body. A hiking party encounters a number of heat related medical emergencies: heat cramps, heat exhaustion, heat stroke. A husband and wife team knows enough to treat the symptoms before anything serious happens. They point out what could have and should have been done to avoid the emergencies.
SUGGESTED USE: General

THE TRYING TIME Color - 20 min.
Produced: 1975

Film is designed to help viewing parents discuss comfortably the anxiety-lade issues of sex, independent decision-making and peer group standards, develop confidence in their ability to communicate with their children on these issues and stir the empathy essential to good communications.

In the same way, the film may be used with teenagers to lead them to discuss their problems and their parent's attitudes toward them in an unthreatening and empathic setting.
SUGGESTED USE: Parents and students junior high - college

THINGS A TEACHER SEES, THE Color - 20 min.

The film illustrates the teacher's contribution to the health and well being of her pupils, stressing the value of teacher observation for detecting physical and emotional health problems.
SUGGESTED USE: Teachers and other school personnel, students in colleges of education, public health personnel, and P.T.A.'s

THIRD POLLUTION, THE Color - 23 min.

Solid waste management is the subject of this film. It explains that burning refuse contributes to air pollution and dumping it contaminates the ground water supplies. Municipalities are abandoning earlier haphazard methods of disposing of solid wastes and switching to better public works procedures.

The film describes various alternative methods for solid waste disposal. No "best" method is outlined since what is best in one situation may not be suitable in another situation. After studying the alternative methods, each local community must adopt the method best suited to its situations.
SUGGESTED USE: General public, high school and college groups

TIME FOR DECISION Color - 29 min.
Produced: 1973

This film is a dramatic showing of the problems of a compulsive drinker, and how his family can find guidance in attaining a normal life, even though the alcoholic may continue drinking.
SUGGESTED USE: High School - Adult

TIME IS FOR TAKING Color - 23 min.

This is a film about mental retardation. It shows in a specialized sense, how a residential camp for retarded children can be operated successfully. It demonstrates methods of handling children in any situation with special emphasis on the use of the volunteer counselor.
SUGGESTED USE: Parents, volunteers working with the retarded, general public, high school and college students, associations for the retarded and those who work with the retarded

TO A BABYSITTER Color - 14 min.
Produced: 1975

This film brings out the importance of the babysitter liking children and in following the rules the employer gives. It includes the importance of finding out the ages of the children and other information about them and suggests the sitter inquire about the fees to be paid. She gives the employer the name and address of her own parents.

The film describes the duties of the sitter as it follows a typical babysitter through an evening of sitting.
SUGGESTED USE: Prospective babysitters and families who will have sitters

RESTRICTED PROGRAM
TO PLAN YOUR FAMILY Color - 18 min.

This film is not included in the film catalog for general use. It will be reserved for professional use only.

The film describes contraceptive methods. Animation is used to review the physiology of the female reproductive system and the various methods of controlling contraception, with emphasis on the "pill" and the intrauterine devices (IUD).

Overburdened mothers resent persuasive reasons for limiting or planning families. They also discuss irrational fears and their personal experiences with side effects.
SUGGESTED USE: Health professional persons who want to use it for in-service training or for educational programs conducted with citizen groups

TROUBLE WITH TRASH Color - 27 min.

The problem of solid waste explosion in presented. Each person is reminded of his contribution to the problem and of his responsibility. open dumps are condemned as shameful scenic blights on our landscape with many health and safety hazards. Experimental technological developments are reviewed -- water soluble packing containers, milling equipment, recycling separators, composters, sophisticated incinerators, and the like.

Today's two practical and feasible solutions are emphasized: incineration and the sanitary landfill. The sanitary landfill receives the greatest emphasis in a comprehensive explanation that extends through the last one-third of the film.

SUGGESTED USE: City-County planning committees, civic groups, schools and service organizations

TRYING TIMES (Making Decisions) Color - 15 min.
Produced: 1975

Meg goes to the city alone to visit her cousin Julie. Julie and her group smoke and drink, and Meg discovers that to fit in she is expected to do these things too. Meg is miserable at the group's party in the park, but the police break it up before she decides whether or not to take a drink. Julie tells her, "Don't worry, we have the whole vacation."

Aims to help young people learn to make self-enhancing decisions in the face of peer pressure. (Self Incorporated)

SUGGESTED USE: Junior High

TWO SONS (Family Communications) Color - 15 min.
Produced: 1975

Greg's mother and father have unconsciously molded him into a "bad boy" and his brother Jim into a "good" one. Matters come to a head when Greg is held in the county jail for entering a deserted house. In a tension filled automobile ride home with Greg, the family tries to handle the crisis situation, painfully aware of their inadequate relationships.

Demonstrates that unconscious casting of a child as "good" or "bad" is common, and helps young people recognize and deal with the problem. (Self Incorporated)

SUGGESTED USE: Junior High

UNCONDITIONAL SURRENDER B & W - 24 min.

This film shows how vaccine is made. The steps in its development, why it is needed and its values are explained.

SUGGESTED USE: High school and lay groups primarily, parents to encourage them to have their children immunized

UNILATERAL BELOW THE ELBOW AMPUTEE B & W - 12 min

This film deals with (1) age levels and motor signs of readiness for below elbow prosthesis; (2) the fitting and use of a passive hook; (3) the addition of a cable system to activate the hook and the child's awareness of its uses; (4) methods of training children in the use of the cable system; and (5) the performance of outdoor activities and games.
SUGGESTED USE: Physicians, nurses, physical therapists, social workers and parents working with young children who have physical disabilities

UNILATERAL BELOW THE KNEE AMPUTEE B & W - 12 min.

This film concerns (1) motor signs of readiness for the use of below knee prosthesis; (2) a method of prosthesis application; (3) activities prior to independent ambulation; (4) the characteristics of early ambulation patterns; and (5) the effect of growth on prosthesis function.
SUGGESTED USE: Physicians, nurses, physical therapists, social workers and parents working with young children who have physical disabilities

US Color - 28 min.

The film begins with shots of slums, waste, pollution, student unrest and war, and then shifts back and forth to particular and contradictory situations in which people use drugs. While a group of women discuss the "deplorable" way children use drugs, the conversation shifts to how they themselves use amphetamines. While getting steadily more inebriated over the lunch hour, two businessmen slur statements about how their wives use drugs. College students get drunk at a "beer bust" and "bad mouth" the pot heads. While pot heads are high and rapping about wrong with the world, they pause to say some negative words about a girl in the group who's shotting up with speed.
SUGGESTED USE: General audiences

UTERINE CANCER Color - 21 min.

This fil illustrates the practicability of drastically reducing deaths from cancer of the uterus by adherence in general office practice to the routine pelvic examination of all adult women. The cytologic method of screening for malignant tumors should be a part of the pelvic examination, with final verification of diagnosis dependent upon tissue biopsy.
SUGGESTED USE: Medical societies, medical students, hospital staffs, or nurses

VD: A NEW FOCUS Color - 15 min.

The film informs young people of the simple facts about gonorrhea and syphilis, including the importance of recognizing the symptoms and seeking treatment. Narrator James Brolin exposes several myths surrounding VD if left untreated, and why patients should name their contacts.
SUGGESTED USE: Junior high - adult

VD: ATTACK PLAN Color - 16 min.

The film acquaints the viewers with the magnitude of the venereal disease problem. It describes the specific course of infection for syphilis and gonorrhea. It introduces preventive measures for VD and reliable sources of information. The film stresses the symptoms, results and treatment of VD.
SUGGESTED USE: Junior high - adult

VD QUESTIONS; VD ANSWERS Color - 15 min.

The film is an overview of venereal disease, including syphilis and gonorrhea.
SUGGESTED USE: Junior high - adult

WAR OF THE EGGS Color - 27 min.

This is a story that dissects the anatomy of a modern American marriage. During a bitter marital quarrel, the son begins to cry hysterically. He is shoved down the stairs. While the child undergoes emergency surgery, a staff psychiatrist tries to help, but they deny anything is wrong. Eventually, their defenses begin to crumble and they are brought face to face with their basic problem: self-hatred. This is a classic on the marital relationship.
SUGGESTED USE: Planned parenthood meetings, pre-marital counseling, marriage counseling classes, high school and college classes on family life

WEBERS CHOICE Color - 29 min.
Produced: 1976

This film depicts a supervisors role in dealing with a troubled employee. Setting - blue collar, union involvement.
SUGGESTED USE: Business and industry; useful in supervisor training

WELL CHILD CONFERENCE Color - 20 min.

Although prepared for physicians and public health nurses providing services in well child conferences, this film is also useful for sponsoring groups and volunteers. It brings out the role of the public health nurse in the home following the mother's postpartum period.
SUGGESTED USE: Well child conference personnel for better understanding of function of well child conference.

WE WILL SEE THEM THROUGH B & W - 20 min.

The film shows the Rhode Island State Program for children with rheumatic fever. It shows the coordination of medical, social, nursing and other skills to take care of children during the acute stage of rheumatic fever and the long convalescence from this serious disease.
SUGGESTED USE: Those interested in the rheumatic fever program

RESTRICTED PROGRAM
WHAT DID YOU TAKE Color - 30 min.

A film showing the emergency treatment of drug abuse patients.
SUGGESTED USE: Advanced first aid and emergency care courses

WHAT IS SCHOOL HEALTH? Color - 33 min.

A modern school health program is reviewed in the film. The school environment, safety, first aid, physical examinations, teacher observations, cumulative health records and personnel services are shown. The working relationship between the school and home is demonstrated, with referral to the family physician when necessary.
SUGGESTED USE: Teachers, administrators, public health personnel working in schools and P.T.A. groups

WHAT TIME IS IT NOW? Color - 14½ min.

The film discusses why teenagers drink, the various effects of drinking, why some persons can drink more than others. It discusses various activities which are acceptable physically, mentally, and socially at different age groups.
SUGGESTED USE: Junior and senior high school students and adult groups interested in teens drinking

WHAT'S WRONG WITH JONATHAN? (Everyday Pressures) Color - 15 min.
Produced: 1975

Back home after a ceremony in which Jonathan has been specially honored, he angrily explodes at his mother for no reason. What's wrong? Nothing except that Jonathan has had a difficult day. Everything has gone wrong--from being late for school to having to do chores when he wanted to go fishing with friends.

Helps young people recognize daily pressures and deal with those pressures more effectively. (Self Incorporated)

SUGGESTED USE: Junior High

WHEN SALLY FELL B & W - 15 min.

This is a story of a family whose mother sustained injuries in a fall from a chair. The family then examines their house and their attitudes about possible other hazards that could contribute to falls.
SUGGESTED USE: Adult groups

WHEN THE BOUGH BREAKS Color - 20 min.

The services offered through a "Homemaker Service Program" are illustrated in the film. The collapse of a family occurs when the mother is injured and hospitalzed. The film shows how the services of a homemaker would have aided in preventing this collapse.
SUGGESTED USE: Professional health and citizen groups

WHICH DO YOU CHOOSE? B & W - 30 min.

This is a film on fire prevention. It includes a demonstration of what fire is, what causes it, and how it can be controlled. The danger points in house wiring and over-loading are dramatically illustrated. It points up the choice of "fire prevention" or "fire investigation".
SUGGESTED USE: Older school-age groups and adults

WHIPLASH Color - 16 min.

The film points out that there are an estimated four million rear-end collisions in the U.S. each year. Detailed studies of rear-end collisions at the UCLA Institute of Transportation and Traffic Engineering are vividly shown. It shows what happens to the driver and the car upon impact at speeds up to 55 miles per hour.
SUGGESTED USE: High school - adult

WHO CARES ABOUT JAMIE? Color - 16 min.

This is the story of a few hours in the life of Jamie, a first grader. He is an individual who is trying to fit into this big fearsome world. He is growing up and as is seen in the film, he must work at growing up. How well he copes with the setbacks he will face will, to a large extent, determine how well he adjusts to the world about him. And a large part of this adjustment will be the responsibility of his parents, teachers, and other adults about whom a child's life revolves.
SUGGESTED USE: Pre-service training of teachers, nurses, parents, public and mental health personnel or any group interested in work with youths

WHO STOLE THE QUIET DAY? Color - 16 min.
Produced: 1974

Our ears are a unique and precious link to the world. They enable us to communicate effectively and to understand. They give us information that our other senses are unable to provide.

As hearing is lost, so is the ability to discriminate between different word sounds. It may become difficult to differentiate between consonants. For instance, the word "loose" may be heard as "noose". This is illustrated in a demonstration conducted by an ear specialist.

Discusses excessive noise and relationship to increase in the incidence of blood pressure and heart problems, sense of balance, and may even bring about a startling increase in the percentage of birth defects, as shown experimentally with animals as well as cause increased hearing loss.
SUGGESTED USE: Elementary - adult

WHO WINS (Morality) Color - 15 min.
Produced: 1975

Lenny and Brant, friendly enemies, are competing for first prize in a photography contest. When Brant tries to see Lenny's favorite negative in the darkroom, the two scuffle and the negative is ruined. Lenny is faced with a difficult decision; enter his second best pictures, enter a picture take by his uncle, a professional photographer, or give up.

Stimulates discussion on moral decision making. (Self Incorporated)
SUGGESTED USE: Junior High

WHY DADDY? B & W - 15 min.

Raymond Burr as Perry Mason tells the story of a family whose home catches fire. It points out the correct things they do, such as not opening a hot door, and it also illustrates incorrect actions. The fire chief then sums up the fire safety rules.
SUGGESTED USE: Youth and adult groups

WISCONSIN CLEFT PALATE STORY Color - 36 min.

This film traces a baby born with cleft palate from birth, through surgery, subsequent evaluations, prosthesis, and speech training. Background explanation is good.
SUGGESTED USE: Parents, professional and educational groups

YOU AND YOUR FOOD Color - 8 min.

The film shows the value of food and the kinds necessary to good health. The value of the several food elements are illustrated, which together speel a balanced diet. The old saying "You are what you eat" is illustrated. The film shows that the food one eats makes the body grow in its own special way and that good health does not just happen.
SUGGESTED USE: Early elementary grades

YOUR CLOTHING CAN BURN Color - 13 min.

Certain clothing fabrics are more easily ignited than others and the film points out the ones which are safest. The common causes of clothing fires are described and information given on how they can be prevented. If one's clothing does catch on fire, directions are given on what to do.
SUGGESTED USE: High school - adult

YOUR PELVIC AND BREAST EXAMINATION Color - 12 min.
Produced: 1975

The viewer observes a young woman being given a breast examination and then being taught how to do it herself. (The method shown in the brochure is that advocated by the American Cancer Socity--however, the demonstration is not exactly that method. In fact this part could be enlarged on by person showing the film and leading discussion)

Clear, detailed photography shows the cervix, instruments used for pelvic examination and how a pap smear and gonorrhea culture are taken. By demonstrating how simple, painless and reassuring these examinations actually are, the film encourages women to self-examine their breasts regularly and to visit their doctor at least annually for a pelvic and pap smear. The pelvic examination is very well done and is described to the young woman as it is being done.
SUGGESTED USE: Patient education in family planning clinics, consumer groups, women from high school - adult

YOUTH PHYSICAL FITNESS B & W - 15 min.

This film illustrates the necessity for physical development along with mental development. The film emphasizes four basic principles of a fitness program: (1) continuing health appraisal; (2) screening tests; (3) 15 minute daily exercises, and (4) periodic achievement tests.
SUGGESTED USE: In-service and pre-service teacher training and P.T.A. groups

YOUTH PHYSICAL FITNESS: A REPORT TO THE NATION B & W - 28 min.

This film is intended to stimulate community leaders to study of problem of physical fitness and to develop an adequate program in health and physical education. The film shows the experience of several schools where a physical fitness program has been developed. It urges that a more balanced program of physical fitness and health education be developed in the schools
SUGGESTED USE: School administrators, teachers, upper grades - adult, and P.T.A.'s

BIRTH CONTROL: THE CHOICES Color - 25 min.
Produced: 1976

The film presents the methods of birth control: the pill, IUD, diaphragm, condom, chemical barriers, rhythm, tubal ligation, vasectomy and abortion. A counselor explains advantages and disadvantages; a physician discusses possible side effects and contraindications. Animation is used to explain the female reproductive system and how the methods work.

A number of young women discuss both good and bad experiences that they have had with the various methods. Though men are outnumbered here for apparent reasons, there is much information for the male audience as well.

SUGGESTED USE: Community groups, college, high school

EPILEPSY: DON'T LOOK AWAY Color - 10 min.
Produced: 1975

A film for the general public which dispels some of the myths about epilepsy and underlines the human and monetary cost. It also offers suggestions on how concerned individuals and groups can help to alleviate some of the problems associated with the disorder.

SUGGESTED USE: Community and church groups, service clubs, professional organizations, teachers and school children from middle grades through college

FIRST TWO WEEKS OF LIFE Color - 17 min.
Produced: 1975

This is the story of Jane, Fred and Rebecca during the first two weeks of life after Rebecca joined the world. A fascinating, day-by-day visual "diary" of a natural childbirth and the practical guidance given to both parents in the care and handling of their first baby.

SUGGESTED USE: Perinatal education classes

RESTRICTED PROGRAM
SANITATION: RULES MAKE SENSE Color - 18 min.

Emphasizes basic rules of sanitation including how to handle potentially hazardous foods, including fowl, seafood and custards. Also illustrates control of pests, personal cleanliness and proper techniques for cooling, storage and refrigeration. Importance of clean hands and proper washing methods are emphasized. Stresses key responsibilities of food service workers in protecting public health.

SUGGESTED USE: Sanitarians and persons working with food

RESTRICTED PROGRAM
SANITATION: WHY ALL THE FUSS? Color - 18 min.

An introduction to sanitation. Shows biological reasons for sanitation and the conditions for controlling bacterial growth. Explains the danger of bacteria; how bacteria spread from place to place; and how their growth can be accelerated or retarded. Demonstrates how hands, clothing, kitchen tools, unclean surfaces, rats, roaches and flies can carry germs. Stresses importance of cleanliness and the need for proper heating and cooling of foods.

SUGGESTED USE: Sanitarians and persons working with food

TEEN SEXUALITY: WHAT'S RIGHT FOR YOU? Color - 29 min.
Produced: 1975

The film opens with a health class and their teacher sight-seeing in New York City. That evening in separate hotel rooms, the boys and girls have a discussion. Billy and Sally relate to the group that they have had intercourse and fear she is pregnant. They talk of their visit to the birth control clinic. The counselor had discussed each of the birth control methods. Conversations reveal the different feelings regarding sexuality. The next day involves the group in a teen health center.
SUGGESTED USE: High school human sexuality component in a K-12 health education curriculum, parent education

RESTRICTED PROGRAM

THE SPOILERS Color - 16 min.

Discusses the basic characteristics and growth requirements of microbes, their effects on food products, and how the microbes gain access to food and food service areas. Discusses procedures and practices which reduce and control microbe problems. Produced by the Supermarket Institute.
SUGGESTED USE: Sanitarians and persons working with food

F I L M S T R I P

D E S C R I P T I O N S

ABORTION: A RATIONAL APPROACH — Color - 23 min.
Produced: 1973 — with record

The filmstrip is divided into two segments. The first defines abortion, explains the background of the controversy surrounding abortion and considers the moral, medical, legal and religious aspects of the issue. It also traces the development of various legal codes concerning abortion.

The second part deals with the medical and moral aspects of abortion by answering such questions as: "Just what is abortion?"; "Can it kill you or ruin your health?"; "How is it done?"; "Why have state laws differed radically?"; "What are back street or motel room abortions?"' "Is abortion immoral?".

SUGGESTED USE: Guidance, health education, hygiene or family life and sexuality classes

ABOUT VENEREAL DISEASE — Color - 18 min.
with record

This filmstrip presents scientific information about venereal disease and aims to correct misconceptions concerning its cause, prevention and control. It aims to assist in the development of scientific attitudes concerning the need to seek reliable medical advice and treatment if needed. Emphasis is placed on the importance of avoiding self-treatment and medical quackery. The film shows that venereal disease is a health problem and a threat to the community.

SUGGESTED USE: Junior high - adult

ADOLESCENT EXPERIENCE SERIES

DEVELOPING VALUES — Color - 17 min.
Produced: 1973 — with record

Part I opens by considering the values that parents teach their children early in their lives. It points out how sometimes these values are conflicting. Three episodes are shown which deal with role models and individual might encounter in school. The program then dramatizes the influence of groups and peers on values. Finally, it examines the impact of institutions like religion and government on value formation.

Part II comprises three open-ended dramatizations in which people are faced with value choices. They are open-ended to stimulate class discussions.

FORMING BELIEFS — Color - 17 min.
Produced: 1973 — with record

The two part program is designed to help students begin making judgements intelligently, knowledgeably, and with some confidence. By exploring the nature of belief, the problems and questions which man deals with through belief, what man has believed in the past and why, and

some of the questions and answers from the 20th century, the program attempts to provide the student with the framework needed to put his own thinking into perspective.

INTERPERSONAL RELATIONSHIPS — Color - 18 min.
Produced: 1973 — with record

This two part filmstrip is designed to help students become more aware of the importance of relationships with others in several ways: (1) by pointing out the influence of interpersonal relationships on one's self concept; (2) by demonstrating the development task of achieving an appropriate dependence-independence pattern; (3) by encouraging them to learn to become more effective members of their families, and (4) by suggesting effective patterns of communications.

SETTING GOALS — Color - 17 min.
Produced: 1973 — with record

The filmstrip helps students identify the many elements involved in realizing adult potential in a way that emphasizes the individual nature of the process. The program consists of four profiles of different individuals and they attempt to reveal how to integrate the inputs of childhood with their own abilities, interests, and hopes for the future. All of the individuals experience conflict in the process of testing abilities, examining alternatives, and finally, attempting to formulate realistic goals.

SHAPING IDENTITY — Color - 16 min.
Produced: 1973 — with record

Part I focuses student attention on the importance of asking the question "Who am I?" However, since the "self" is by definition a unique being, it follows that there is no one right way to go about answering that question. Part II of the program has been structured to help students perceive the influences on identity; these mainly being heredity and environment.

UNDERSTANDING EMOTIONS — Color - 17 min.
Produced: 1973 — with record

Part I introduces the subject of emotions to the students. It discusses the wide range of human feelings and stresses their universality. Because emotions are so central to the human condition, the program stresses the importance of understanding feelings in order to cope with them constructively. The manifestations of emotions are divided into three components: physical, psychological and motivational. Part II offers a more detailed treatment of those emotions which specifically trouble adolescents. It explores the origins of anger and discusses the destructive and constructive ways in which people handle this emotion. This is done in an effort to guide students toward seeking the healthiest method of coping with their feelings. It also stresses that experience plays an important part in handling feelings.

SUGGESTED USE: Each part of this series may be used alone or with other sections in junior and senior high school discussion sessions

ALCOHOL: THE SOCIAL DRUG/THE SOCIAL PROBLEM — Color - 20 min.
Produced: 1972 — with record

Part I examines alcohol's role as a "relaxer" and symbol of the "good life". The program explains alcohol's classification as a sedative drug and reviews its history in the U.S., with emphasis on Prohibition. Part II reviews statistics on alcoholism, delineates personality types sometimes associated with the disease. An alcoholic recounts his personal and social decline, and his attempts to recover.
SUGGESTED USE: High school - adult

ALCOHOLISM IN INDUSTRY — Color - 35 min.
with 7½ IPS tape

The filmstrip presents information on alcoholism in industry, a health problem included in an occupational health program in a local health department.

The basic prodromal and chronic phases of alcoholism are described and the relationship between alcoholism program in industry and community rehabilitation agencies are related.
SUGGESTED USE: Health officers, management and labor, high school - adult groups

AIR POLLUTION: WHAT IS IT? — Color - 11 min.
Produced: 1968 — with record

The filmstrip is designed to analyze and emphasize what is rapidly becoming one of the world's most alarming problems by a careful presentation of scientific data relative to perplexing questions such as : What is air pollution?; What causes it?; What is smog?: What can be done about it? and How do meteorological or geographical conditions worsen the situation in some areas?
SUGGESTED USE: grades 6-12, adult groups beginning the study of air pollution

AND THEN THERE WERE THREE BILLION. . . — Color - 10 min.
Produced: 1968 — with record

Produced in 1968, the filmstrip discusses oral contraception and modern family planning. It was produced especially for patient instruction and education in clinics. It does not deal with anatomy or physiology. It stresses the practical aspects and relative effectiveness of common contraceptive devices including a discussion of the 28 day oral contraceptive regimen. By presenting the facts in easily understood language, with a minimum of medical terminology, the film can be most effective in relieving patient apprehension about tablet therapy.
SUGGESTED USE: Family planning clinics

AND THEY LIVED HAPPILY EVER AFTER — Color - 40 min.
Produced: 1967 — with record

This filmstrip deals with the reasons teenagers marry and the problems of teenage marriage.

Reasons why teenagers marry are presented: pregnancy, a need to justify sexual involvement as a final step in the steady-dating pattern; as a response to pressure from many sources; through immature conviction that the first attraction is love; to escape from home and as a way of coping with the uncertainties of military service.

The problems of teenager marriage are the same as those found in any marriage, but without the leavening of maturity. The fears and resentments of both partners in unsuccessful marriages are brought out. Among them are the problems of early parenthood, limited incomes, career and educational limitations, financial aid from parents, in-law troubles, and the over-whelming urge to return to the freedom of the unmarried.

SUGGESTED USE: Parents, teachers, guidance counselors, religious and youth leaders and teenagers

BECOMING A WOMAN/BECOMING A MAN — Color - 29 min.
Produced: 1971 — with record

This two part filmstrip treats the concerns of young people at the time of puberty and early adolescence. The program explains various physical, psychological, emotional, social and sexual problems that adolescents need to understand and resolve for themselves. Actual comments from young people strengthen the material presented in the narration.

SUGGESTED USE: Upper elementary - junior high

BEGINNING TO DATE — Color - 18 min.
Produced: 1970 — with record

The filmstrips consists of several segments, each intended to be seen and discussed separately. Each segment is an enactment of the situation involving a problem area in early boy-girl relationships. The areas are: what to wear, conversation, meeting people, privacy, the party, either/or the first date. The filmstrip offers no advice, contains no narrator, gives no objective information. Instead it has a purely motivational approach with meaningful class discussion as its major objective.

SUGGESTED USE: Grades 5-7 or possible 8th graders

BREAST FEEDING — Color - 10 min.
Produced: 1976 — with tape

Filmstrip enables the patients to identify the normal feelings and experiences inherent in the breast feeding mother-baby relationship; to list pertinent facts and techniques of breast feeding and apply them from the first day of the experience through management of breast feeding at home.

SUGGESTED USE: Hospital nurseries, perinatal education classes

CHILDREN IN CRISIS

CHILD ABUSE AND NEGLECT — Color - 60 min.
Produced: 1975 — with record

Discusses symptoms of this all too prevalent social disease which can kill, or at the very least, affect the later physical and emotional development of its helpless victims. Takes a close look at what child abuse and neglect really is; it examines the abuser as well as alternatives for helping those caught in the destructive web of maltreatment.

DEATH AND DYING — Color - 60 min.
Produced: 1975 — with record

Discusses the impact that dying and death situations can have on the child. Points out ways in which we can better prepare children to accept death.

DIVORCE AND SEPARATION — Color - 60 min.
Produced: 1975 — with record

Discusses why a change in family structure does not have to be emotionally damaging to the young child. Emotional divorce, or "staying together for the sake of the children," can have a more profoundly harmful effect on the child's emotional development. Adults must be especially sensitive to the child's questions and reactions during the time of separation, his anxieties and confusions, his guilt feelings and his fear of abandonment.

ILLNESS — Color - 60 min.
Produced: 1975 — with record

Illness is probably one of the most common crises in a young child's life. These filmstrips explain to the viewer that by offering reassurance and explaining illness in terms which the child can understand, that the child will be better able to handle feelings of confusion and fear. Visits to the doctor, hospitalization and convalescence are discussed, as well as those minor illnesses which cause disruption of a child's daily routine and self-control.

SUGGESTED USE: Each part of this series may be used alone or with other sections in Perinatal Education classes, family life classes, etc.

CHILDREN WITH HANDICAPS

BEHAVIORAL AND EMOTIONAL DISABILITIES — Color - 60 min.
Produced: 1975 — with record

Examines the behavior symptomatic of the many types and varying degrees of emotional disorders. Clues to the source and remedial treatment of a child's emotional problems lie in the care that child is receiving.

Helping the handicapped child is often a long and difficult job, requiring the mutual cooperation of parents, teachers and other trained professionals.

EDUCATIONAL AND LANGUAGE DISABILITIES — Color - 60 min. with record
Produced: 1975

Educational and language disabilities can occur when there is a breakdown in any part of the language cycle--hearing, processing in the brain, speech and feedback. The inability to use language or the misuse of language lies at the heart of most educational problems. Helping the handicapped child is often a long and difficult job, requiring the mutual cooperation of parents, teachers, and other trained professionals.

INTELLECTUAL DISABILITIES — Color - 60 min. with record
Produced: 1975

Intellectual disabilities create in the child an inability to function adequately on both an intellectual and a social level. Most mental retardation is mild and dramatic results can be achieved if detection and treatment come early. Helping the handicapped child is often a long and difficult job, requiring the mutual cooperation of parents, teachers, and other trained professionals.

PHYSICAL DISABILITIES — Color - 60 min. with record
Produced: 1975

Discusses the three major conditions that can adversely affect motor development: acquired; congenital; and subtle. Each type of disability presents different psychological and practical problems for the child and the caregivers. Helping the handicapped child is often a long and difficult job, requiring the mutual cooperation of parents, teachers and other trained professionals.

SUPPORT FROM EDUCATORS — Color - 60 min. with record
Produced: 1975

Examines the value of early enrollment of the child in an educational program tailored to that child's special needs. Educators are recognizing the importance of integrating handicapped children into normal classrooms and through home/school cooperation, establishing a total learning environment for the handicapped child.

SUPPORT FROM THE FAMILY — Color - 60 min. with record
Produced: 1975

Takes an in-depth look at the emotions and adjustments all family members experience when living with a handicapped child. The strength and support of family and friends can often be the handicapped child's greatest asset. Mutual understanding and cooperative efforts can help family members overcome frustrating and difficult times.

SUGGESTED USE: Lay and professionals groups such as P.T.A.'s, family life classes, educational, sociology and social workers and nursing students, etc.

CHILD'S POINT OF VIEW — Color - 30 min.
Produced: 1973 — with tapes

Reminds parents that the young child's perspective is fundamentally different from an adult's and how important it is for adults to understand the child's point of view. The filmstrip shows that if parents fail to understand this difference in perspective, there will be constant problems of communications between adult and child.
SUGGESTED USE: High school - adult; perinatal education

CHILD'S RELATIONSHIP WITH THE FAMILY — Color - 30 min.
Produced: 1973 — with tapes

Deals with the importance of the child's early relationship with family members in shaping the child's personality. It shows how the child's view of himself and of the world is fundamentally shaped by the way his parents treat him; the significance of the growing child's need to trust family members and how that trust, developed at an early age, will permit the child out for new experiences.
SUGGESTED USE: High school - adult; perinatal education, social workers, nurses, etc.

CRISIS OF THE ENVIRONMENT — Color - 60 min.
Produced: 1970 — with record

Five filmstrips dealing with the environment are included in this series. They are: Man: An Endangered Species; Breaking the Biological Strand; Vanishing Species, Preserve and Protect, and the Population Explosion.
SUGGESTED USE: Junior High - adult

DEVELOPMENT OF FEELINGS IN CHILDREN — Color - 30 min.
Produced: 1973 — with tapes

Traces love, hate and anger as these emotions develop in the young child from infancy on. Common situations that trigger emotional responses are shown. Ways in which an adult can encourage a child to express his feelings and to detect true feelings are also dramatically portrayed. Filmstrip stresses the need for adults to respect a young child's feelings and opinions.
SUGGESTED USE: High school, perinatal classes, nurses, etc.

DRUG SERIES

MARIJUANA: WHAT CAN YOU BELIEVE? — Color - 32 min.
Produced: 1969 — with records

The first part is a narration by David Smith exploring the cultural, legal and pharmacological aspects of marijuana and its usage. It also attempts to clear up general misconceptions, as, marijuana enhances creativity, and marijuana is an innocuous alcoholic substitute. The second part features a candid discussion among a "head", an ex-user, and others arrested for possession. It invites the students to draw conclusions on factual experiences, expert opinions and first-hand opinion.

NARCOTICS Color - 15 min.
Produced: 1970 with record

The program begins with a chemical explanation of narcotics: opium, opium derived drugs, and synthetic drugs that produce opiate effects. It then tells of narcotic effects, traces the history of narcotic use, early use of morphine, heroin use and addiction, social conditions associated with drug problem, distribution, treatment approaches, and various aspects of narcotic laws and enforcement.

PSYCHEDELICS Color - 12 min.
Produced: 1970 with record

The filmstrip first describes various psychedelics whose main effects are to alter temporarily a person's though patterns and mood. It takes LSD as a representative and relates its effects on sanity, dreams, and memory. Finally, discussion centers on taking motivations, limited religious use, and common reasons given for taking, and conformity to peer-group pressure.

SEDATIVES Color - 15 min.
Produced: 1970 with record

The program explains the general topic of sedatives, barbiturates, tranquilizers, alcohol, and marijuana. Marijuana is brought in by investigation of the effects, problem of dependence, and its use as an escape. It concludes with legal restrictions pertaining to barbiturates, alcohol, tranquilizers and marijuana.

STIMULANTS Color - 11 min.
Produced: 1970 with record

This filmstrip starts by describing how stimulants work. The focus is then turned on amphetamines, methedrine, cocaine, caffeine, theobromine, nicotine, and the mild anti-depressants. Finally, it describes laws against illicit possessions of stimulants.
SUGGESTED USE: High school - adult groups

EFFECTIVE TEACHER: FAMILY LIFE AND SEX EDUCATION Color - 52 min.
Produced: 1970 with record

Part I helps teachers recognize the real concerns and needs of young people in today's society. It lists guidelines by which teachers may assess their readiness to communicate honestly with students and helps them understand their responsibility for clarifying their own teaching objectives. Parts II and III demonstrate methods of establishing an atmosphere in the classroom that will facilitate the answering of student questions at different grade levels. Both parts include recorded sequences from actual class discussions, with examples given of student-teacher interaction on elementary, intermediate and high school levels.
SUGGESTED USE: Teachers, school officials and college

EVERYTHING BUT. . . Color - 29 min.
Produced: 1970 with record

The filmstrip explores two central topics: "whether love makes it right" and "where to draw the line". It attempts to stimulate teenagers into thinking about these two questions in relation to themselves. Also it is hoped that teenagers will go beyond these specific topics and examine their own attitudes in general, especially their basic motivations in relationships with others. It is in the light of these basic motivations that teenagers should look at their standards of sexual behavior.
SUGGESTED USE: Junior high - senior high

EXPLORING YOUR FEELINGS Color - 18 min.
Produced: 1973 with tape

First part outlines concepts about emotions and then examines various ways of dealing with them. Part two gives a dramatic presentation of youngsters playing a game in which a series of incidents portray a variety of emotional expressions and responses.
SUGGESTED USE: Preadolescents

FAMILY PLANNING TODAY Color - 23 min.
Produced: 1970 with record

These filmstrips were designed to set the practice of family planning into perspective. The subject is handled within the framework of its importance for individual family health and happiness and its relevance to the world population. The history of contraceptives, reasons for family planning, and the four major catagories of birth control are discussed.
SUGGESTED USE: High school - adult

FEEDING AN INFANT: THE FIRST YEAR OF LIFE Color - 16 min.
Produced: 1971 with record

Discusses infant feeding - breast and bottle, the addition of orange juice and iron. Suggestions in introducing new foods are offered. Use of a blender to prepare table food is included. Possibility of allergic reaction to eggs is covered and suggestions for preparing and adding eggs to the baby's diet. Hints on how to introduce solid foods are included - i.e., difference in textures, baby's learning to handle food in mouth (departure from sucking), increase consistency gradually, etc. Finger feeding is covered. Introduction of feeding utensils.
SUGGESTED USE: Perinatal education classes, clinic or hospital groups, high school

FEEDING YOUR YOUNG CHILDREN Color - 13 min.
Produced: 1973 with booklet

The filmstrip is divided into three sections: 1) food to give the pre-school youngster; 2) what to expect in feeding a young child; 3) helping the young child learn to feed himself. Objectives of the filmstrip are: 1) to help parents understand what foods to feed their young children; 2) to

provide guidelines for parents to follow in helping their children learn to eat well and to feed themselves; 3) to help parents understand children's food needs based on age, body, build, activity, rate of growth, etc.; 4) to help parents understand why some common feeding problems arise; and 5) to show parents how to handle feeding problems if they arise so they do not progress into poor eating habits and lead to more serious problems.
SUGGESTED USE: Parents of children aged 2-6, parent-study groups, PTA, extension groups, welfare clinics, well-child conferences, child care centers and Head Start centers

FUTURE OF THE FAMILY — Color - 20 min.
Produced: 1972 — with record

The filmstrip deals with some of the forces on the family today in America. While these forces are formidable, the filmstrip proposes that we can deal and are dealing with them. Architects talk about plans to create better cities. Dr. Mead predicts the formation of family clusters, which would help parents and children of nuclear units. Participants in communes, as well as group families, explain these two unconventional family structures which may be gaining support.
SUGGESTED USE: High school - adult groups

HOSPITAL FOOD SERVICE SERIES — Color - 80 min.
Produced: 1968 — with record

The filmstrip is a four part series with the following topic areas: hospital food handling; hospital dishwashing; hospital food sanitation; hospital kitchen safety.
SUGGESTED USE: training for hospital food personnel

HOW AN AVERAGE CHILD BEHAVES: FROM BIRTH TO AGE FIVE — Color - 60 min.
Produced: 1975 — with tape

Designed to demonstrate in a concise way the basic areas of growth and to show how different facets are related in total development during the important early years of childhood. It is meant to sharpen parental perception and increase parental confidence in judging what is best for the child.
SUGGESTED USE: Perinatal education, nurses, etc.

HOW MANY CHILDREN DO YOU WANT? — Color - 39 min.
Produced: 1972 — with record

Part I, How Babies Begin, describes the female and male reproductive systems, menstruation, ovulation and fertilization. Part II, Doctor Methods of Birth Control, provides basic information about birth control pills, IUD, diaphragm, vasectomy, tubal ligation and hysterectomy. Parts III and IV (included on one record and filmstrip) explain Drugstore Methods of Birth Control and Least Effective Methods of Birth Control. The discussion includes condoms, foams, creams and jellies as well as rhythm, douching, breastfeeding and withdrawal.
SUGGESTED USE: High school - adult

HUMAN DEVELOPMENT: THE FIRST 2½ YEARS — Color - 60 min.
Produced: 1973 — with record

Covers the time span from pregnancy to age 2½. Subject areas are: pregnancy; birth and the newborn; physical growth and motor development; development of understanding (sensory reactions); styles of interaction; emotional and social development; language development.
SUGGESTED USE: High school - adult

HUMAN GROWTH-NUTRITION SERIES

THERE'S A NEW YOU COMING: FOR BOYS — Color - 17 min.
Produced: 1973 — with record

This filmstrip for intermediate boys, offers a look at what constitutes both physical and emotional maturity. Health and hygiene are stressed, including a basic study of male anatomy. Adolescent feelings are also considered, to give a broad picture of what growing up is all about.
SUGGESTED USE: Grades 4-6 and older

THERE'S A NEW YOU COMING: FOR GIRLS — Color - 17 min.
Produced: 1973 — with record

This filmstrip is in the area of human growth and development, with emphasis on early teenage years. Health and hygiene are included. Filmstrip includes physical aspects of development, and also focuses on emotional maturation. Warm, sensitively handled, very well done.
SUGGESTED USE: Grades 4-6 and older

FOODS: WHERE DO THEY COME FROM — Color - 17 min.
Produced: 1973 — with record

Good primary level filmstrip discusses milk from cow, bread from grains, sugar from cane, etc. Major types of foods are explained and their sources identified, thus broadening the student's concept of natural foods.
SUGGESTED USE: Preschool through lower elementary grades

TOO MUCH OF A GOOD THING — Color - 17 min.
Produced: 1973 — with record

Discusses obesity and stresses the importance of good nutrition in teen years to prevent obesity and to meet nutrient needs. Explains some of the other problems caused by improper nutrition, i.e., skin problems, lack of energy. Also, filmstrip discusses the role food plays in life and alternative ways of eating a nutritionally adequate diet.
SUGGESTED USE: Junior high - adult

I NEVER LOOKED AT IT THAT WAY BEFORE — Color - 31 min.
Produced: 1967 — with record

The filmstrip deals mainly with making decisions. Decisions dealing with sexual behavior in the main is the basic topic, but it also touches on smoking, alcohol and drugs. It tries to get young people to look at decision making from some different angles. It gives them a new insight into weighing facts and not just drifting along with the crowd.
SUGGESTED USE: Junior high - senior high

INSIDE MY MOM — Color - 8 min.
Produced: 1975 — with record

Cartoon fetus tells what it thinks of the treatment its mother is giving it in the way of nutrition she provides. The cartoon takes us through the normal day of the young mother, commenting on how she lives and the way this affects a fetus. As the months go by, the mother gets the point about the importance of nutrition while the fetus shares the message with you.
SUGGESTED USE: Junior high - adult

LEARNING ABOUT SEX — Color - 15 min.
Produced: 1968 — with record

The program discusses embarrassment about sex and helps understand why adults may tend to avoid the subject and discourages anxiety caused by the lack of knowledge. It then helps the class learn the ways sex education will benefit them. The program points out the value to each student of full participation in questioning and discussion, underscores the role of sex education in helping every student achieve maturity.
SUGGESTED USE: Junior high, teacher in-service and pre-service programs and parent groups

LIFE BEFORE BIRTH — Color - 18 min.
no record

The photographs taken by Swedish photographer Lennart Nilsson, which originally appeared in the April, 1965, Life Magazine, have been reproduced in this filmstrip. The filmstrips show details of fetal development with excellent descriptive sub-titles.
SUGGESTED USE: High school - adult

LOVE AND MARRIAGE — Color - 31 min.
Produced: 1970 — with record

The first part of this filmstrip deals with love and the feelings involved before marriage. The filmstrip is done by a counselor through the eyes of a high school aged couple and two college aged couples. The second part deals with love in a marriage setting again from three different couple's views. It also delves into some other problem areas in marriage, such as sex, money, in-laws, children, work and communication.
SUGGESTED USE: High school - adult

MASCULINITY AND FEMININITY — Color - 21 min.
Produced: 1970 — with record

The thrust of this filmstrip is to help students to react to each other first as human beings and only secondly as sexual objects. By presenting solid information and fresh attitudes, the program seeks to make students feel freer and more confident, more able to develop their individuality without fear of violating sacred stereotypes of what is manly or womanly. In this area, the program makes clear that there are no pat definitions, ro rigid rights or wrongs.
SUGGESTED USE: High school, college and possibly upper level junior high

MATERNAL-CHILD NUTRITION — Color - 18 min.
Produced: 1970 — with record

Two part series. The first part, "Food During Pregnancy" discusses the importance of a woman eating the right kinds and amounts of food, not only during a pregnancy but throughout her life. The "Basic Four" pattern of eating is discussed in relation to the different nutritional needs of a woman who is not pregnant or is in the first half of pregnancy and a woman who is in the latter half of pregnancy. Discomforts such as heartburn, constipation, and fluid retention are discussed. The mother's nutritional needs after delivery are also presented. "Your Baby's Food" the second part, places emphasis on the importance of a baby's receiving a nutritionally sound diet during the first year of life. Also included is a brief discussion of the importance of the psychological aspects of the baby's feeding. The necessity of prompt medical attention and possible diet adjustments when a baby is sick are stressed.
SUGGESTED USE: Perinatal education classes, high school - adult, clinic situations

MORE THAN LOVE — Color - 18 min.
Produced: 1969 — with record

More than love points out that most babies are born healthy, but that one out of 13 is born with a significant physical or mental defect. The serious aspects of some birth defects are explained and an effort is made to define how and why they occur. Improving the probability of a normal birth by applying current knowledge is strongly and factually emphasized. The filmstrip presents prenatal development, stressing the growth of life during the first forty days. It outlines the genetic and environmental influences affecting the body before and during pregnancy.
SUGGESTED USE: Perinatal education classes; high school - adult

MOTHER'S HEALTH
Produced: 1970

RESTRICTED PROGRAM
Color - 24 min.
with record

Three part series. The first part, "Before Your Baby's Birth" emphasizes the importance of early and continuous prenatal care during each pregnancy. Mention is made of the signs and symptoms of early pregnancy. An explanation is given of the initial prenatal examination and obstetrical history, and the importance of follow-up visits is stressed. The second part, "During Your Pregnancy", discusses some minor discomforts during pregnancy due to normal physical changes which occur as the baby develops; varicose veins, indigestions, nausea and comiting, as well as constipation are included. Signs which should be reported to the doctor or nurse are reviewed as well as signs which indicate that labor may be approaching. The third part, "After Your Baby's Birth," concerns the post partum period. Included is information about physical changes the mother may expect, i.e., size of the womb, post partum vaginal discharge, and "after pains". Also covered is the establishment of the milk supply in a woman who plans to breast feed her baby. Value of the post partum examination is stressed, and family planning and health supervision of the infant is discussed.
SUGGESTED USE: Perinatal education classes

NEW LOOK AT THE OLD SAUCE
Produced: 1966

Color - 17 min.
with record

This animated cartoon filmstrip tells the effects of alcohol on the mind and body. It gives a brief history of alcoholic beverages, the effects of ethyl alcohol on the body, the effects of up to eight drinks on a 16 year old male, the reasons why people drink, myths about alcohol and alcoholism, and need to know more
SUGGESTED USE: Junior high - adult

NUTRITION: YOU ARE WHAT YOU EAT
Produced: 1973

Color - 12 min.
with record

Good nutrition in relation to dental disease is stressed, especially in how our consumption of sugar contributes to dental caries, obesity, the empty calorie syndrome and possible increased risk of heart disease. What makes a balanced diet for maintaining good health, how to prepare food to save the nutritional value and aspects of overweight are also emphasized in cartoon style.
SUGGESTED USE: Upper elementary - adult classes, health clinics, health classes

PARENTHOOD: MYTHS AND REALITIES
Produced: 1972

Color - 16 min.
with record

This filmstrip explores a variety of thoughts and attitudes about parenthood. The program is about reality; what it means to be a parent; how parenthood will change a young person's life; the commitments and responsibilities involved in raising another human being; the rights of the child; the right to decide whether or not to bring children into the world; the decision between parenthood or a career, or of combining them; and the alternative methods of raising children.
SUGGESTED USE: Junior high - college

PATIENT CARE SERIES — Color - 60 min. each with records

The Patient Care Series of instructional programs describes patient care procedures in nursing. Discussed in the series are the following:

PACKAGE I

1. taking a blood pressure
2. taking temperature, pulse and respiration
3. giving a cleansing enema
4. making an occupied bed
5. giving a bed bath

PACKAGE II

1. admission and discharge
2. urinary care
3. medical asepsis
4. feeding the patient
5. lifting and moving the patient

PACKAGE III

1. range of joint exercise
2. bowel and bladder training
3. transfer activities and ambulation
4. positioning to prevent contractures
5. personal care and long-term illness

SUGGESTED USE: Nursing education instruction

PERSPECTIVES ON AGING — Color - 60 min. with record
Produced: 1976

Each filmstrip conveys concepts of areas of information. The latest concepts relating to all aspects of aging are brought out.
SUGGESTED USE: People working with or interested in problems of aging people.

PLANNING DIABETIC DIETS — Color - 20 min. with record
Produced: 1973

Diabetis Mellitis, a disorder of carbohydrate metabolism, is a chronic deisease affecting many people. An important component of the treatment of individuals with Diabetis is diet therapy which is sometimes accompanied by the use of hormone insulin. However, diet therapy is always a vital part of treatment of Diabetis.

The filmstrip explains the use of exchange lists which is the most commonly used method of diabetic diet. Food planning, food preparation, food amounts, diet flexibility are all important factors discussed.
SUGGESTED USE: Health clinics, group instruction on diabetis

RESTRICTED PROGRAM

POST PARTUM CARE
Produced: 1975

Color - 15 min.
with tape

The term post partum period generally refers to the six weeks between the termination of labor and the return of the reproductive organs to their pre-pregnant condition. This includes both the progressive changes in the breasts for lactation and the involution of the internal reproductive organs. Although these changes are considered to be normal and physiological, under no circumstances does such marked and rapid change occur without a departure from health.

Changes that occur during the post partum period are reviewed including the decrease in the size of the uterus, pattern of the lochia, establishment of lactation in the breast feeding mother, and post partum depression. Nutritional aspects are discussed with emphasis on the needs of the lactating mother. The value of the six week post partum examination is stressed as well as the importance of family planning to the mother's health.

SUGGESTED USE: Perinatal education

POWER OF FOODS

Color - 15 min.

The filmstrip portrays the needs of the body for growing and developing and how nutrients in food supply these needs. The drawings are on the first to fourth grade level.

Color photos of foods include meat at all meals and foods used in middle to high income households.

SUGGESTED USE: Primary and lower elementary grades

PRENATAL CARE
Produced: 1975

Color - 15 min.
with tape

The setting for prenatal care may vary widely from a hospital or community clinic to a private physician's office. A variety of health personnel may be involved in providing prenatal care, including, for example, physicians, nurse midwives, graduate nurses, dietitians, nutritionists, social workers and health educators.

Basic essentials of prenatal care are discussed, including the personal and family history, the diagnosis of pregnancy, the physical examination, and various laboratory procedures. Dietary needs are discussed with emphasis placed on the importance of the nutritional status of the mother.

SUGGESTED USE: High school - adult; perinatal education classes

PREPARING A BABY'S FORMULA
Produced: 1973

Color - 16 min.
with record

Shows step by step instruction in the preparation of baby's formula. Includes preparation of bottles and nipples, shows equipment needed. Describes terminal sterilization and sterilization of baby's water.

SUGGESTED USE: Perinatal education classes, clinic or hospital groups, high school

REAL YOU — Color - 15 min.
no record

This filmstrip portrays the needs and desires of a teenage girl and the effect that good nutrition can have on them. Color photos of food include meat at all meals and foods used in middle to high income households.
SUGGESTED USE: Students during the teenage years

SEX EDUCATION IN AMERICA — Color - 41 min.
Produced: 1971 — with record

The filmstrip correlates current information on sex education and builds parent and community understanding of sex education through discussion of curricula successfully administered in various schools throughout the nation.
SUGGESTED USE: Parents, teachers, junior high - senior high

SEX EDUCATION - U.S.A. — Color - 39 min.
Produced: 1968 — with record

This filmstrip is designed to build parent-community understanding and acceptance of elementary and secondary school sex education. Aspects of sex education projects and curricula in several school systems in the United States are shown. It also shows what is taught, how classes are conducted and courses structured, how sex education is developed from grades K through 12, how teachers are oriented. This filmstrip tries to show how sex education can begin in the school and community, and what role parents play in instituting and supporting sex education programs.
SUGGESTED USE: Any adult group, particularly parents, in a community where sex education is being carried on or planned to be introduced into the school curriculum.

TALKING ABOUT CONTRACEPTION — Color - 13 min.
Produced: 1972 — with record

Population growth patterns, the fear of genocide and educational program presentation are among the general topics explored in this filmstrip. Specific fears frequently expressed by patients are presented, and suggestions are offered that might be useful in alleviating some of these concerns.
SUGGESTED USE: Prepared for use with nurses and social workers as well as paramedical personnel to acquaint them with content topics that often arise in clinic presentations.

TOBACCO AND ALCOHOL: THE $50,000 Habit — Color - 34 min.
Produced: 1967 — with record

Lung cancer, sexual involvement, automobile accidents, and heart disease are all a part of the ugly picture contained in this discussion of tobacco and alcohol. The first part is concerned with the problem of smoking, and the second part handles the less clear-cut problem of drinking.
SUGGESTED USE: For teenagers

TOMORROW HAPPENS TODAY — Color - 19 min.
Produced: 1973 — with record

Filmstrip describes how the decisions and actions that young people make now can affect the lives of their children even before they are conceived. The film discusses common sense ways to reduce the risk of having defective children. These include: V.D., balanced diet, medications, smoking, rubella, family planning, pollution and genetic counseling.
SUGGESTED USE: High school classes

UNDERSTANDING YOUR PARENTS — Color - 20 min.
Produced: 1972 — with record

In-depth interviews develop insight into factors affecting parent/child relationships; explore misconceptions, double standards, and how and why some relationships function well. Adults discuss envy of freedom enjoyed by youth today and the temptation to be overindulgent. Students articulate basic gripes, arbitrary limitations set on them and feelings of parental mistrust.
SUGGESTED USE: High school

VALUES FOR TEENAGERS IN THE 70's — Color - 19 min.
Produced: 1968 — with record

The objectives of this program are: to stimulate young people to think about their own values; to provoke group discussion about areas of moral and social concern that are common to most teenagers; to help teenagers recognize that the systems of values they are now developing will influence and guide the rest of their lives; to lead young people to the realization that they must live with their own value systems and be responsible for their own actions. The major theme running through the discussion with the teenagers in this program is their feelings that the social and moral problems confronting them seem greater than those faced by their parents as teenagers.
SUGGESTED USE: Junior high - high school

VENEREAL DISEASE: A PRESENT DANGER — Color - 31 min.
Produced: 1968 — with record

Part I of the filmstrip begins with a history of venereal disease. It traces briefly the medical history of the discovery of the spirochete of syphilis and the gonococcus of gonorrhea. The main portion of Part I deals with gonorrhea, explaining how it is contracted, how it affects the body, how it is detected and treated, how it can damage the body, and lastly it emphasizes the importance of a person's seeking diagnosis and treatment if he thinks he has been exposed, and naming his contacts. Part II covers the same type of material on syphilis.
SUGGESTED USE: Junior high - adult

WHAT IS MARRIAGE? Color - 31 min.
Produced: 1971 with record

The filmstrip has tried to analyze some of the reasons for unhappy marriages and suggest some methods for improving the marriage experience. Experts in the counseling field discuss some methods of preparing for marriage, as well as some of the elements necessary for a fulfilling marriage relationship. By examining marriage and the alternatives, perhaps the program can generate some new ideas about the preparation, problems, and the potential for a marital relationship.
SUGGESTED USE: High school

WHY EAT A GOOD BREAKFAST? Color - 15 min.
no record

This filmstrip points up research that was conducted at the University of Iowa School of Medicine, which showed that girls, boys, and adults who ate good breakfasts were, during the late a.m., able to: 1) be sharper in thinking and action; 2) be calmer and steadier; and 3) work better.
SUGGESTED USE: Upper elementary - adult

YOUNG, SINGLE AND PREGNANT Color - 15 min.
Produced: 1972 with record

This filmstrip neither condemns nor condones premarital intercourse or illegitimacy. Instead, it presents some of the reasons why young girls become pregnant and also how the boys involved feel when these pregnancies occur. In addition, information is provided which will help girls decide upon a response to illegitimate pregnancy; marriage, adoption, abortion, or single parenthood. Finally, the filmstrip tries to help all young people gain some personal insight into themselves.
SUGGESTED USE: High school - adult

YOUR PERSONALITY: THE YOU OTHERS KNOW Color - 24 min.
Produced: 1969 with record

Part 1 of the two part sound filmstrip is devoted to the facts of personality. Teenagers tell, with the narrator commenting on their remarks, what they like and dislike about others. They discuss appearance. It is pointed out that it is true that much of the way you look is inherited. But it is equally true that your own mental picture of your appearance is usually inaccurate - and in the case of most teenagers, cruelly inaccurate.

Part 2 turns to "What You Can Do About It". This section focuses on self-image as the key to personality. Here again, it must be accepted that there are areas of personality formation over which the individual has no control. But the environmental factors that shape basic personality swiftly become history as control over personality passes from the parent to the maturing young adult during adolescence.
SUGGESTED USE: High School

SLIDE SETS

DESCRIPTIONS

AMERICAN COLLEGE OF SURGEONS — RESTRICTED PROGRAM
536 Slides - with text

Developed by the Committee on Trauma of the American College of Surgeons for use with the basic Emergency Medical Technician training program. A slide narration is included with this series of slides.
SUGGESTED USE: Emergency Medical Technician training

BABY'S FIRST YEAR — 31 slides - with tape
Produced: 1972

Slides cover bottle feeding, burping, spoon feeding, development of muscular control, all phases of an infants life
SUGGESTED USE: Perinatal education, nutritionists

BIRTH ATLAS SLIDE SERIES — 22 slides - with text
Produced: 1973

Slides cover the period from conception to birth. Designed to compliment the Birth Atlas.
SUGGESTED USE: Perinatal education classes

BRADY SLIDES — RESTRICTED PROGRAM
376 slides - with text

Developed by Robert J. Brady Company to be used with the basic EMT training program. Course guides are included with this series of slides.
SUGGESTED USE: Emergency Medical Technician training

BREAST SELF EXAMINATION — 80 slides - with text
Produced: 1975

Demonstrates techniques for breast self examination to enable women to become familiar with the appearance and texture of their breasts and to discover any changes.
SUGGESTED USE: Junior high - adult

CHANGING ATTITUDES TOWARD WEIGHT CONTROL — 58 slides - with text

Presentation discusses social and cultural attitudes toward being of a desirable weight. Height-weight tables and skin-fold measurements for the percentage of body fat are described as tools for assessing the over-weight problem. The role of heredity, pattern of weight gain, exercise, changing food patterns and food preparation give a more whole picture on the current thinking and attitudes of weight control.
SUGGESTED USE: High school - adult; community groups and health clinics

CHANGING FOOD NEEDS OF THE FAMILY - with tape

Reviews the importance of nutrition for each member of the family, from children through senior years. Differing needs are identified and the required planning and satisfying menus are described.
SUGGESTED USE: WIC programs, general public

CUT FOOD COSTS 22 slides - with tape

Series reviews comparison shopping.
SUGGESTED USE: High School - adult

RESTRICTED PROGRAM

EMERGENCY CARE AND TRANSPORTATION OF THE SICK AND INJURED 1500 slides - with text

Developed by the American Academy of Orthopedic Surgeons. They are designed according to the text entitled Emergency Care and Transportation of the Sick and Injured. Each slide section representing a chapter is sequentially numbered. Syllabus accompanies and offers a narration for a series of slides on a given subject.
SUGGESTED USE: Emergency Medical Technician training

FOOD AS CHILDREN SEE IT 72 slides - with tape

Discusses such things as what are some of the problems mothers have in getting young children to eat, the differences in eating habits of children, food jags as well as other situations which cause children to eat or not eat food.
SUGGESTED USE: High school - adult

FOOD FOR TEENS: SNACKS THAT COUNT 33 slides - with tape

A two pronged approach with teen identification. Youth get the 4-4-3-2 plan from their peers. Randy learns from his coach the importance of a good start on the day and thinking before snacking.
SUGGESTED USE: Teenagers

FOOD SERVICE IN NURSING HOMES AND RELATED FACILITIES

Visual aid to use in in-service training programs. Subjects were selected with the nursing home in mind, for although principles of food service management are the same in hospitals and nursing homes, the application is different. Points presented are those usually considered essential for good dietary service; it will be necessary to expand and adapt the information to fit the procedures and layout of each individual facility.

1. Communications and Human Relations 19 slides - with text
2. Planning General and Modified Diets 20 slides - with text
3. Food Purchasing, Receiving and Storage 21 slides - with text
4. Quantity Food Production and Service 23 slides - with text
5. Sanitation and Safety 26 slides - with text
6. Equipment and Layout 10 slides - with text

It is unlikely that all the slides in a section can be shown effectively at one session. To be convincing and effective, the leader should preview the slides and review the references in advance.
SUGGESTED USE: Nursing home staff

HOW BABIES ARE MADE 34 slides - with text

This is a series which is prepared for parents to aid them in explaining the "facts of life" to their children. It is also aimed at strengthening paren-child relationships by enabling the basic facts of sex education be be an experience shared by father, mother and child together. The aim of the slide series is to tell the full story of reproduction with accuracy, simplicity and beauty.

Parents must view the slides themselves and read the suggestions for their use before deciding if they wish to use them with their children or only to help them talk with their children on this subject.
SUGGESTED USE: Parents, children from 3-10 as well as older children

HOW CHILDREN LEARN ABOUT FOOD 21 slides - with text

Presentation does not show how a child "ought" to eat since it is well recognized that there is more than one way to be well fed. Focus is upon establishing an experimental and positive attitude toward food early in life as the best nutrition "insurance" a child can have. A person who accepts, eats and enjoys a wide variety of food has an excellent chance for life long good nutrition. The slide set alerts people who work with children to the many situations that influence a child's response to food.
SUGGESTED USE: Parents and teachers of young children, P.T.A.'s, extension groups, welfare clinics, well-child clinics, day care centers, Head Start centers, etc.

RESTRICTED PROGRAM
HUMAN REPRODUCTION 100 80 slides - with text

The slides depict the structure and functions of the male and female reproductive systems; processes of conception, pregnancy and birth; principles of sex determination and multiple births. Exclusive color technology permits completely effective daylight projection on standard classroom blackboard or conventional screen. Labeled and unlabeled diagrams are included in the program.
SUGGESTED USE: Junior and senior high school, college and adult groups

IRON-PROTEIN 35 slides - with tapes

"Iron...How Big a Problem?" was originally developed and used to teach the paraprofessionals in the expanded nutrition education program in New York state. Slides are intended to present factual in-depth nutrition information in a simplified form.

"Protein - What is it?" was also developed in conjunction with the nutrition education program in New York state. They attempt to present factual in-depth information in a simplified form.

SUGGESTED USE: General use with audiences who have an interest in nutrition but a limited subject matter background.

MENU PLANNING FOR CHILD CARE PROGRAMS 72 slides - with text

Presentation illustrates the framework by which nutritious, appetizing food becomes a reality - through the menu. The total food pattern of a child at a Child Care Program is considered including snack food ideas, meal patterns, nutrient adequacy, buying, planning, evaluating the menu, variety of color, flavor, texture, shape, finger foods, food surprises are focused upon as target factors in planning a successful menu for child care programs or even menu planning in the home.

SUGGESTED USE: Day care centers, nurseries, Head Start Programs, parent and teacher groups working with the pre-school child.

NATURAL FOODS: GOOD, BAD 29 slides - with tape

Presentation discusses health, natural and organic foods: What are they, what are their claims; are the claims valid; how can the consumer beware or be aware?

SUGGESTED USE: Consumer groups, adult groups, junior and senior high

NUTRITIONAL LABELING 29 slides - with tape

Discusses why nutritional labeling is required and how the information provided may be utilized.

SUGGESTED USE: Consumer groups, junior high - adult

NUTRITION IN ACTION FOR THE CHILD 34 slides - with text

Presentation depicts action, involvement and discovery experiences for the student to learn about nutrition: simple tests for starch, fat, simple sugar, and other nutrients, food and energy. Activities shown also illustrate energy needs, snack selection and accurate sources of nutrition information.

SUGGESTED USE: Nutrition activities for elementary or junior high classes, science classes, extension groups, community groups

PERINATAL EXERCISES 57 slides -

Shows exercises for both the prenatal and post natal periods to keep good muscle tone.
SUGGESTED USE: Perinatal education classes

RESTRICTED PROGRAM

PRE-HOSPITAL MANAGEMENT OF SPINAL TRAUMA 80 slides - with tape

Developed by William R. Dobozi, M.D. and Paul R. Meyer, Jr., M.D. of the Midwestern Regional Spinal Cord Injury Care Center to be used with the basic EMT training program.
SUGGESTED USE: Emergency Medical Technician training

YOU ARE WHAT YOU EAT slides - with tape

A good basic outline in visual form of what is needed each day for a person to function. Subjects covered are: what does the body really need; what does water do in the body; what three nutrients provide a daily supply of energy. Many more questions are answered in a way that makes young people realize they must start now to build healthy bodies.
SUGGESTED USE: Junior - senior high

RECORDS

AND CASSETTE TAPES

RESTRICTED PROGRAM

BABY CRIES — Record - 20 min.

The different cry patterns of newborn infants are recorded. Heard are babies' spontaneous cries when 45 minutes old, 24 hours old, and six days old. Cries of hunger when the infant is 4 days old are heard. Cries of the infant at six days old when he is tired and wants to go to sleep are also included. An induced cry of pain is recorded, so the different between this cry and others can be learned. Also illustrated are the infant;s sounds which imitate speech.
SUGGESTED: Perinatal education classes

ESPECIALLY FOR WOMEN: CONSULTATIONS WITH LINDSAY R. CURTIS, M.D. — Record - 40 min.

Discusses in plain language breast care for women of all ages and covers the following topics as well as others: breast cancer; breast biopsies; thermography; cystic mastitis; inverted nipples; breast supports; small breasts; sore breasts.

Side 2 discusses hysterectomy as well as the following: uterine cancer; ovarian tumors; adhesions; cystoceles; feminine constipation; menstrual irregularities; menstrual pain; hormones; menopause.
SUGGESTED USE: Women, junior high - adult

EXERCISE FOR YOUR HEART — Cassette tape - 60 min.
Produced: 1975

Discusses the value of exercise for maintaining a healthy heart.
SUGGESTED USE: Junior high - adult

GETTING THROUGH — Record - 40 min.
Produced: 1971

Discusses various branches of medicine that deal with the ear as well as how a hearing aid can help, difficult listening situations for the hearing impaired, how to make yourself easier to understand when conversing with the hearing impaired and how to select a hearing aid.
SUGGESTED USE: Hard of hearing, their families and friends. Also useful for anyone working with the hearing impaired

QUESTIONS AND ANSWERS ABOUT HYSTERECTOMIES — Cassette tape - 60 min.

Lindsay R. Curtis, M.D., discusses hysterectomy in greater detail than in "Especially for Women".
SUGGESTED USE: Women, senior high - adult

SOBRIETY AND BEYOND Records - 40 min. each

This is a series of five records entitled "Father John Doe, Alcoholic"; "The Spiritual Side of Alcoholics Anonymous"; "Excuses"; "Resentments"; and "Action". All of the records are talks by a Catholic priest who became an alcoholic. These records help in gaining an understanding of alcoholism and Alcoholics Anonymous.

THE SOUNDS OF BABIES Record - 40 min.
Produced: 1967

designed to acquaint new parents or those about to become parents with the startling collection of noises and explosions that babies can create with little or no effort.
SUGGESTED USE: Perinatal education classes

V I D E O T A P E S

V I D E O C A S S E T T E S

ABNORMAL FEEDING — Video Tape - 59 min.

Discussion and demonstration with case examples of children with abnormal feeding patterns done at the Child Development Center, University of Washington, Seattle, Washington.
SUGGESTED USE: Health professionals or college students involved in child development

DEVELOPMENT OF FEEDING PATTERNS IN NORMAL INFANTS — Video Tape - 63 min.

Suzanne Morris of the Child Development and Mental Retardation Center, University of Washington, Seattle, Washington, demonstrates and discusses the sucking and chewing patterns in babies of various ages.
SUGGESTED USE: Health professionals or college students involved in child development

NUTRITION AND FEEDING ASSESSMENT — Video Tape - 57 min.

Discussion and demonstration with children on nutrition and feeding assessment done by Child Development and Mental Retardation Center, University of Washington, Seattle, Washington.
Requires a trained nutritionist to show and explain since this is not entirely self explanatory.
SUGGESTED USE: Health professionals or college students involved in child development

TRANSITION TO TABLE FOODS — Video Tape - 24 min.

Discussion and demonstration with children on transition to table food done by Child Development and Mental Retardation Center, University of Washington, Seattle, Washington.
Requires a trained nutritionist to show and explain since this is not entirely self explanatory.
SUGGESTED USE: Health professionals or college students involved in child development

EMT REFRESHER TAPES

RESTRICTED PROGRAM
28 tapes

The following subject areas are available on video tape or video cassette. When ordering please specify if you want tapes or cassettes. These tapes may be ordered separately or the entire set may be ordered for the duration of the course.

1. Introduction and Registration
2. Airway Care
3. Mouth-to-Mouth (Nose) Technique of Pulmonary Resuscitation
4. Mechanical Aids to Pulmonary Resuscitation
5. Bleeding
6. Cardiac Arrest
7. Workshop: Cardiopulmonary Resuscitation
8. Shock
9. Heart Attack, Stroke, Dyspnea
10. The Emotionally Disturbed and Unruly; the Alcoholic and the Drug User
11. Diabetes, Epilepsy and Poisons
12. Fractures and Dislocations--General Principles of Care
13. Fractures and Dislocations of the Spine
14. Workshop: Fractures and Dislocations of the Upper Extremity
15. Workshop: Fractures and Dislocations of the Lower Extremity
16. Injuries to the Head
17. Injuries to the Eye
18. Injuries to the Chest
19. Abdominal Injuries and Illnesses and Injuries to the Pelvis
20. Childbirth
21. Burns
22. Drowning and Exposure to Heat and Cold
23. Workshop: Injuries to the Spine
24. Workshop: Extrication from Automobiles
25. Lifting and Moving Patients
26. Vital Signs
27. Patient Examination and Triage
28. Legal Aspects of Emergency Care

SUGGESTED USE: Emergency Medical Technician training

SELF INCORPORATED

BY WHOSE RULES (Systems and Self) Video Cassette - 15 min.
Produced: 1975

Matt Cole is disqualified as a candidate for student government president and suspended from school for violating normal school election procedures, as interpreted by Mr. Langston, the principal. Matt, his mother, and an attorney request removal of the suspension and a new election. Mr. Langston believes he has administered the rules fairly. The issues will be settled by the school board the next day.

Stimulates discussion about the relationships between individuals and social systems and about the skills needed to work for change within social systems

SUGGESTED USE: Junior high

CHANGES (Physiological Changes) Video Cassette - 15 min.
Produced: 1975

David and Susanna, twins, are both uncomfortable with the social aspects of growing up. Susanna is an early maturer, while David is often teased because of his slow physical development. When Susanna's package of sanitary napkins (a purchase agonizingly made) is inadvertently revealed to David and his friends, a touch social situation develops.

Helps adolescents understand and cope with the emotions and social situations related to physiological changes.

SUGGESTED USE: Junior high

CLIQUE, THE (Cliques) Video Cassette - 15 min.
Produced: 1975

Janet and Tina are good friends who enjoy being together, but each allows the other freedom to go her own way. When Janet meets Marie she is accepted into Marie's group and is swept along by the camaraderie. But soon, Janet sees that remaining in the group will mean giving up some of her independence, including her friendship with Tina. Janet's choice is left to discussion.

Encourages an awareness of the need for both individuality and group membership.

SUGGESTED USE: Junior high

DIFFERENT FOLKS (Sex Role Identification) Video Cassette - 15 min.
Produced: 1975

In the Barnum family, Glenda, the mother and a veterinarian, provides most of the income, while Wally, the father and a book illustrator, works at home and does the cooking and cleaning. Their children, Judy and Matt, help with the housework. Matt is uneasy about this arrangement. In a fit of rebellion, he roars off on Wally's motorcycle to provide his own (and his father's) masculinity. When his parents find Matt with his friends, all the boys learn that apparent sex roles can be deceiving.

Helps adolescents recognize and deal with existing ambiguity in our society about appropriate male-female roles.

SUGGESTED USE: Junior high

DOUBLE TROUBLE (Family Adversity) Video Cassette - 15 min.
Produced: 1975

Delia's mother has had a stroke and is in the hospital's intensive care unit. The older members of the family, trying to protect Delia from the realities, have made matters worse for her by with holding information and by not giving her responsibility. When she finds a way to visit her mother and to be useful during her recovery, Delia is better able to cope with the sudden change in all of their lives.

Encourages young people to discuss and participate in learning activities that will improve their skills for dealing with family adversity.

SUGGESTED USE: Junior high

DOWN AND BACK (Failure and Disappointment) Video Cassette - 15 min.
Produced: 1975

Terri wants very much to be a cheerleader and has practiced heard for the try outs. When she is not chosen, she is at first numbed by her defeat, then overwhelmed by sadness. A heart-to-heart talk with her dad is the turning point of her recovery. As the summer progresses, Terri prepares herself to risk failure once again.

Provides a model of a young woman coping with failure in a reasonable manner.

SUGGESTED USE: Junior high

FAMILY MATTERS (What is a Family?) Video Cassette - 15 min.
Produced: 1975

Andy, a teenage girl, is caught in the cross fire of hostile divorced parents, who compete for her affection but never really listen to her. She knows it is possible to have family support even though parents are divorced because she sees an example in the family of her friend Diane. Andy invites both of her parents to watch her swim in a race, and a series of unpleasant confrontations results. These incidents, however, may be the first step toward a happier family situation.

Stimulates discussion about what a family really is and how understanding can promote the well-being of all family members.

SUGGESTED USE: Junior high

GETTING CLOSER (Boy-Girl Relationships) Video Cassette - 15 min.
Produced: 1975

Greg really wants to take Laura to the school dance but can't bring himself to ask her. His friend Louie, a self-styled "lover" teases him unmercifully about his shyness and fear. Finally Greg does appear at the party with his mind made up to ask Laura to dance. As he starts toward her, Louie, not knowing Greg is there, whisks her away to the dance floor. Greg is left alone, embarassed and disappointed.

Aims to help students see that their feelings of anxiety about interacting with persons of the opposite sex are universal and normal.

SUGGESTED USE: Junior High

MY FRIEND (Ethnic/Racial Differences) Video Cassette - 15 min.
Produced: 1975

Virgil, a young Navajo, and Eddie, a young Caucasian - living in a sparcely settled area of Utah - have been the best of friends for years. As they leave their rural elementary school and begin junior high, each is pressured by his ethnic group to stay away from the other. In the final scene, Virgil is attacked by several white students while Eddie, confused, stands by and watches.

Helps students understand that people often feel the need for ethnic identity and encourages them to appreciate the qualities common to all human beings.

SUGGESTED USE: Junior high

NO TRESPASSING (Privacy) Video Cassette - 15 min.
Produced: 1975

Alex lives with his mother, father, brother and two sisters in an apartment in the city. One day, unhappy with his lack of privacy, he takes refuge in an abandoned building. Working with old furniture, he sets up a comfortable place for himself and at last has privacy--until his friends begin to arrive.

Precipitates discussion about an individual's need for privacy and about ways to cope with the situation when that need is denied.

SUGGESTED USE: Junior high

PRESSURE MAKES PERFECT Video Cassette - 15 min.
Produced: 1975

Nan is a talented musician whose parents unwittingly pressure her to become an outstanding pianist. Nan deals with the tension by rebelling. At her recital she plays a short, simple piece instead of the difficult one, bangs her fists on the keyboards, shouts "And that is my recital!" to the audience and stalks off the platform.

Helps adolescents recognize pressure to achieve, explores the effects of pressure, and lear ways to cope with it.

SUGGESTED USE: Junior high

TRYING TIMES (Making Decisions) Video Cassette - 15 min.
Produced: 1975

Meg goes to the city alone to visit her cousin Julie. Julie and her group smoke and drink, and Meg discovers that to fit in she is expected to do these things too. Meg is miserable at the group's party in the park, but the police break it up before she decides whether or not to take a drink. Julie tells her, "Don't worry, we have the whole vacation."

Aims to help young people learn to make self-enhancing decisions in the face of peer pressure.

SUGGESTED USE: Junior high

TWO SONS (Family Communications) Video Cassette - 15 min.
Produced: 1975

Greg's mother and father have unconsciously molded him into a "bad boy" and his brother Jim into a "good" one. Matters come to a head when Greg is held in the county jail for entering a deserted house. In a tension filled automobile ride home with Greg, the family tries to handle the crisis situation, painfully aware of their inadequate relationships.

Demonstrates that unconscious casting of a child as "good" or "bad" is common, and helps young people recognize and deal with the problem.

SUGGESTED USE: Junior high

WHAT'S WRONG WITH JONATHAN? (Everyday Pressures) Video Cassette - 15 min.
Produced: 1975

Back home after a ceremony in which Jonathan has been specially honored, he angrily explodes at his mother for no reason. What's wrong? Nothing except that Jonathan has had a difficult day. Everything has gone wrong--from being late for school to having to do chores when he wanted to go fishing with friends.

Helps young people recognize daily pressures and deal with those pressures more effectively.

SUGGESTED USE: Junior high

WHO WINS? (Morality) Video Cassette - 15 min.
Produced: 1975

Lenny and Brant, friendly enemies, are competing for first prize in a photography contest. When Brant tries to see Lenny's favorite negative in the darkroom, the two scuffle and the negative is ruined. Lenny is faced with a difficult decision; enter his second best pictures, enter a picture taken by his uncle, a professional photographer, or give up.

Stimulates discussion on moral decision making.

SUGGESTED USE: Junior high